



ASSOCIATED & CATHOLIC COLLEGES
of WESTERN AUSTRALIA

**Associated & Catholic Colleges
Of
Western Australia (Inc)**

Charter of Operations

For

Inclusive Sport Fun Run Activity Day

Last Updated: 26/4/22

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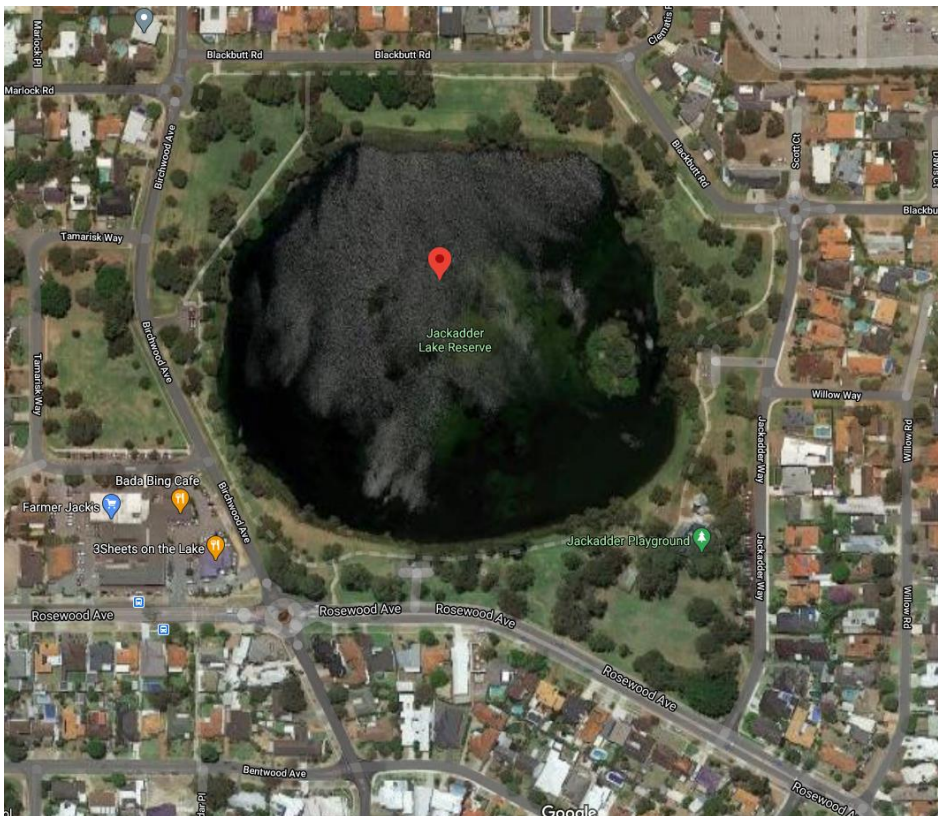
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1.0 General Information

The Inclusive Sport Program Fun Run Activity Day is held annually each year and provides students with a disability the opportunity to participate in a cross-country running event, as well as other sporting and fun activities. The event is open to all students with a disability whether in an education support unit or not. A BBQ is also provided at the end of the event, providing students with the opportunity to socialise with students from other schools.

Date: Friday 20th of May 2022

Venue: Jackadder Lake Reserve, Rosewood Ave, Woodlands, 6018



Facilities:

- Public toilet block
- Picnic tables and BBQ
- Playground

Time: 10:00am – 1:30pm

*Schools are asked to arrive at 9:30am for school seating and setup.

Cost: A nomination fee of \$25 per school will be charged by the ACC Office. All additional costs incurred will be shared equally amongst participating schools. This cost will include BBQ Lunch, medallions, marquees and venue hire.

2.0 Nomination of Students

Any student with a disability (years 7 to 12), whether enrolled in an Education Support unit or not, is eligible to attend.

Fun Run nominations are to be received by the ACC office no later than **Friday 6th May 2022**.

No late nominations will be accepted.

Student names **MUST** be included on the nomination form so that suitable provisions can be made.

Nominations are to be submitted online via a web form on the ACC website by completing the required information:

- Student names
- Year Group

The online web form can be accessed by clicking the following link:

<https://www.accsport.asn.au/Carnivals/Inclusive%20Sport/Fun%20Run%20Activity%20Day/Nominations%202011>

- Contact the ACC office if you have any problems with the nomination form.

3.0 Supervision

Schools nominating students must make arrangements for adequate supervision.

School supervising staff are required to assist with student needs throughout the day.

All nominated schools will provide one staff member to supervise a section of the course. They must have a mobile phone so they can be contacted and/or can contact the Sports Administration Officer or First Aid Officer in the event of an emergency. This information must be submitted via the online nomination web form. **The Inclusion and Participation Officer** will brief the course officials prior to the commencement of the event.

4.0 First Aid

The ACC will provide a senior first aid officers via St John Ambulance at the event which will be an oncost for all participating schools.

Students receiving First Aid care from facility staff **must** be under the supervision of a staff member that their relevant case history and specific needs are communicated to the facility staff.

5.0 Spectators

Spectators are to be supervised by staff at all times and participate in the Fun Run at their own risk.

6.0 Shade/Weather/Protection

All schools are encouraged to source their own provisions for shade/shelter/protection. In the event that the forecast for the day is for inclement weather, the ACC will SMS all Inclusive Sport Coordinators attending and advise accordingly by 8.30am on the morning of the carnival.

A small number of marquees will be provided and set-up in a small area at the venue for schools to use. Schools with a large number of participants and staff are asked to please bring along their own marquee. Available marquees can be used and shared by all schools. However, not all attending schools will be able to fit under the available marquees.

7.0 COVID-19 Safety Procedures

All students, staff, coaches, officials, and other personnel are asked to follow the COVID-19 safety rules to keep everyone safe:

Equipment

- No sharing of personal items such as water bottles, towels or clothing is permitted.
- Shared activity equipment will be cleaned by staff between each rotation, and before the start of the day.

Physical Distancing

- Schools should maintain a strict limit of a minimum of 1.5 square metres (1.5sqm) per person where practicable.
- School staff to carefully manage shared communal spaces to ensure physical distancing, i.e., bathrooms.
- School staff to manage entry/exit at the venue/transport to ensure physical distancing.
- Mixing of students between schools to be kept to a minimum. Groups will be comprised of students from the same school, except for small schools who must combine with another school in order to have enough students to participate in the day's activities.
- School areas will be designated and spaced out for breaks and presentations.

Good Hygiene

- Schools to provide hand sanitisation stations for students. Hands to be cleaned on arrival, after events and before departure.
- Schools to promote importance of personal hygiene to players; hand cleaning, no physical greeting contact (i.e., handshakes, high 5's, hugs, physical performance celebrations), no spitting, cough and sneeze covering.

If you are Feeling Unwell

- Students should report any cold or flu symptoms to a staff member if they are feeling unwell.
- Coaching staff and other personnel should report any cold or flu symptoms to the ACC carnival manager if they are feeling unwell.
- People feeling unwell and showing flu/cold like symptoms will be isolated from other people and arrangements made for them to leave the venue ASAP.

Covid Impact Statement

- If schools are closed, or there are significant staff/student absences due to COVID, ACC events will be impacted. Events may be cancelled, or schools/teams withdrawn. If the event becomes unviable, ACC will cancel and notify all schools.

All COVID-19 Safety Procedures are subject to change following the State Government and Department of Education COVID advice for schools in place at the time of the event.

8.0 Format of the Day

The event will begin with all students participating in a cross-country run around the Jackadder Reserve Lake. The distance around the lake is approximately 1KM, students to the best of their abilities will complete 2 laps around the lake, approx. 2km course.

The remainder of the day will see students placed into mixed school and gender groups and participate in variety sporting/recreational activities. Students will rotate through activities every 20 minutes signalled by a central hooter.

Each attending school is to provide a sporting/recreational game or activity for the day. The school will provide all equipment for the activity, provide staff to supervise and facilitate the activity, as well as facilitate the setup and pack down of the activity. Please see example of activities from previous years in appendix 1.0

After four rotations, students will gather for lunch and a BBQ lunch provided by the ACC and volunteers from the host school.

Program of Events	
9:30am	Schools are to arrive at the venue no later than 9:30am for setup.
10:00am	Formal welcome by ACC staff and event briefing to staff and students.
10:10am	<ul style="list-style-type: none">- Students are ushered to the starting line.- Starting gun will sound the commencement of the run.- Students will run or walk at their best pace, 2 full laps around the Lake.- 1 hour is allocated for students to finish the course.
11:10am	Morning tea
11:30am	Activity Rotation 1
11:50am	Activity Rotation 2
12:10pm	Activity Rotation 3
12:30pm	Activity Rotation 4
12:50pm	Presentation of certificates & Sue Bigelow Shield
1:00pm	BBQ Lunch
1:30pm	Event Concludes

9.0 Medallions and Sue Bigelow Spirit Shield

The first three participants to finish the cross-country 2km course in both the boys and girls gender groups will receive a medallion.

At the conclusion of the day the host school in consultation with ACC staff will award the Sue Bigelow Spirit Shield to one of the attending schools. The winner of the award will be the school that most embodies the ACC maxim of "Sport in the Right Spirit" and its students and staff display the characteristics of team spirit, personal development and leadership.

Appendix 1.0 Schools Activity Example

School	Activity
Mercedes College	Badminton
Ursula Frayne Catholic College	Bucket and Ball Relay
Newman College	Bocce and Lawn Bowls
La Salle College	Bean Bag Skills
Corpus Christi College	Tunnel Ball
Mandurah Catholic College	Vortex Throwing
Sacred Heart College	BBQ-cooking
Mercy College	Totem Tennis
Servite College	Croquet
Methodist Ladies College	Naughts and Crosses
Lumen Christi College	Soccer Bowling

Appendix 2.0 Jackadder Lake Cross-Country Trail

