

"NORTHERN ASSOCIATED SCHOOLS"

CHARTER OF OPERATIONS

[\(Index\)](#)

ASSOCIATED & CATHOLIC COLLEGES

OF

WESTERN AUSTRALIA (Inc)

LAST UPDATED NOVEMBER 25, 2021

ASSOCIATED and CATHOLIC COLLEGES
OF
WESTERN AUSTRALIA
"NORTHERN ASSOCIATED SCHOOLS"

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ASSOCIATED & CATHOLIC COLLEGES
OF
WESTERN AUSTRALIA

"NORTHERN ASSOCIATED SCHOOLS"

1. AIM

It is the aim of the Northern Associated Schools, as a Sub-Association of the Associated and Catholic Colleges, to conduct interschool sport, encouraging participation, sportsmanship and healthy competition.

2. PARTICIPATING SCHOOLS

SCHOOL	ADDRESS	TELEPHONE
Chisholm College	1104 Beaufort Street, Bedford 6052	9271 9000
John XXIII College	John XXIII Avenue, Claremont 6010	9383 0400
Sacred Heart College	Hocking Parade, Sorrento 6020	9246 8200
Servite College	134 Cape Street, Tuart Hill, 6060	9444 6333
Newman College	216 Empire Ave, Churchlands 6018	9204 9444
ACC STAFF CONTACTS		
Suzie Ehlers (NAS facilitator)	suzie.ehlers@cewa.edu.au	W: 9241 5201 M: 0400 252 112
Kyle March (ACC Director of Sport)	kyle.march@cewa.edu.au	W: 9241 5200 M: 0413 531 921
Rebecca Del Pup (No Limits Coordinator)	Rebecca.delpup@cewa.edu.au	W: 9241 5202 M: 0448 013 068

3. SPORTS STAFF CONTACTS

SCHOOL	HEAD OF SPORT	EMAIL	PHONE	MOBILE
Chisholm College	Ralph Heyes	r.heyas@chisholcc.wa.edu.au	9208 2678	0434 107 517
John XXIII College	Sara Kononen	sara.kononen@cewa.edu.au	9383 0490	0410 276 031
Sacred Heart College	Renee Tedesco	renee.tedesco@cewa.edu.au	9246 8234	0401 154 693
Sacred Heart College	Margaret Lydon (Admin PA)	mlydon@sacredheart.wa.edu.au	9246 8234	0410 879 428
Servite College	Dave Maxwell	Dave.Maxwell@cewa.edu.au	9444 6333	0409 456 984
Newman College	Matthew Connell	Matthew.Connell@cewa.edu.au	9204 9444	0411 959 437
Newman College	Tom Williams	Tom.Williams@cewa.edu.au	9204 9444	0419 416 142
SCHOOL	HEAD OF DEPARTMENT PE	EMAIL	PHONE	MOBILE
Chisholm College	Ben Lillis	b.lillis@chisholmcc.wa.edu.au	9208 2582	
John XXIII College	Lorrelle Fortune	lorrelle.fortune@cewa.edu.au	9383 0474	0449 018 286
Sacred Heart College	Luke Skerratt	lskerratt@sacredheart.wa.edu.au	9246 8234	0417 244 359
Servite College	Toby Lewis	Toby.Lewis@cewa.edu.au	9444 6333	0408 926 624
Newman College	Cameron Treymane	cameron.treymane@cewa.edu.au	9204 9444	

4. INVOLVEMENT

Boys and girls, selected in separate teams in all year groups, including years 7, 8, 9, 10 and 11-12 combined.

It is the policy of the ACC that students competing in ACC sport must be under 19 years of age as of 31st December. Students who have turned 19 years of age are not permitted to participate in ACC sport. It is also ACC policy that student participation is limited to "secondary school students" and that the minimum level for participation is enrolment in Year 7.

5. SPORTS

All schools involved must show a commitment (minimum) to field teams in all Year Groups in all sports. N.B. All year groups unless mentioned below. Teams are to be graded where more than one team is needed in an individual sport.

SUMMER FIXTURES

Year Group	GIRLS					BOYS				
	7	8	9	10	11/12	7	8	9	10	11/12
Basketball A	*	*	*	*	*	*	*	*	*	*
Basketball B	*					*				
Beach Volleyball	*	*	*	*	*	*	*	*	*	*
Indoor Cricket						*	*	*	*	
AFLW	*		*		*					
Frisbee	*	*	*	*	*	*	*	*	*	*
Touch					*					*
Basketball (NO LIMITS)	*					*				

WINTER FIXTURES

Year Group	GIRLS					BOYS				
	7	8	9	10	11/12	7	8	9	10	11/12
Netball 'A'	*	*	*	*	*					
Netball 'B'	*	*	*		*					
AFL						*	*	*	*	*
Badminton	*		*		*	*	*	*	*	*
Soccer	*		*		*	*	*	*	*	*
Floorball	*		*			*		*		
Volleyball					*					*
Soccer (NO LIMITS)	*					*				

NOTE:

SUMMER

- Year 7 Basketball (A&B) – All teams play at the same venue.
- Indoor Cricket –Year 7 & 8 teams play at same venue, e.g. Chisholm and Servite will take their year 7 & 8 boys teams to Ballajura Indoor Sports Centre; JTC and Newman will take their teams to Bouncer Sports. The allocations will depend on the fixture draw for each round.
- AFLW - Year 7/8 will follow the year 7 fixtures. Year 9/10 will follow the year 9 fixtures.

- **Ultimate Frisbee** – Year 9/10 girls will follow the year 10 fixtures.
- **NO LIMITS basketball** – Inclusive players can be selected from years 7 to 12. Games will follow the Wednesday Year 10 fixtures.

WINTER

- **Badminton** – Year 7/8 Girls will follow year 7 fixtures. Year 9/10 Girls will follow year 9 fixtures.
- **Floorball** - Year 7/8 Boys & Girls will follow year 7 fixtures. Year 9/10 boys & Girls will follow year 9 fixtures.
- **Soccer** – Year 7/8 Girls will follow year 7 fixtures. Year 9/10 Girls will follow year 10 fixtures.
- **NO LIMITS Soccer** – Inclusive players can be selected from years 7 to 12. Games will follow the Yr 10 fixtures.

The post NAS pathway for senior soccer, netball and basketball will be the ACC Championship. The junior basketball competition from years 7-9 will also progress to the ACC Championship in an 8 round knockout competition.



6. FIXTURE FORMAT

Term 1:

- Week 1-3 Preparation
- Weeks 4-8 Fixtures (Week 7: Senior One Day Carnival - **Wednesday 16 March 2022**)
- Week 9 Intrazone Finals

Term 2:

- Weeks 1-2 Basketball Championship Round of 16 (**Juniors & Seniors**) Knockout Finals
- Weeks 2-3 Preparation
- Weeks 4-8 Fixtures
- Week 9 Intrazone Finals
- Week 10 Senior One Day Carnival - **Wednesday 29 June 2022**

Term 3:

- Weeks 1-2 Round of 16 (Seniors) Knockout Finals – Soccer and Netball

7. DAYS OF PLAY

DAY	YEAR LEVEL
Tuesday	Years 7 and 8
Wednesday	Years 9 and 10

8. HOURS OF PLAY

All matches for both Summer and Winter seasons will be played from 4.00pm – 5.15pm.

Both teams must arrive at the venue at least 10 minutes prior to start time i.e., 3.50 pm to commence warm-up. A mandatory 10-minute warm up time is to be enforced AT ALL times (regardless of arrival time). The latest allowable start time for games is 4.20pm. All games to commence promptly at 4.00 pm and where possible conclude by 5.00pm. In other circumstances refer to item 11.13.

9. CONVENOR SCHOOL

The Chairpersons for the combined Principals and Sport Coordinators, and the separate Sport Coordinators meetings are duly elected as follows:

1991 - Chisholm College	2008 - Servite College	2025 – Newman College
1992 - St Mark’s ACS	2009 - Newman College	2026 – Sacred Heart College
1993 - Sacred Heart College	2010 - John XXIII College	2027 – Chisholm College
1994 - Mater Dei College	2011 - Sacred Heart College	2028 – Servite College
1995 - John XXIII College	2012 - Chisholm College	2029 – John XXIII College
1996 - Chisholm Catholic College	2013 - Servite College	2030 – Newman College
1997 - Mater Dei College	2014 - John XXIII College	2031 – Sacred Heart College
1998 - Sacred Heart College	2015 - Newman College	2032 – Chisholm College
1999 - John XXIII College	2016 - Sacred Heart College	
2000 - John XXIII College	2017 - Chisholm College	
2001 - Sacred Heart College	2018 - Servite College	
2002 - Chisholm College	2019 - John XXIII College	
2003 - Servite College	2020 - Newman College	
2004 - Newman College	2021 - Sacred Heart College	
2005 - John XXIII College	2022 - Chisholm College	
2006 - Sacred Heart College	2023 - Servite College	
2007 - Chisholm College	2024 – John XXIII College	

10. MEETINGS

Meetings will be convened at the following levels:

a. Sport Coordinators

Sports Coordinator meetings take place before SMC meetings. The Sports Coordinator from the rostered host school ([see Item 9](#)) will chair the Sports Coordinators’ meeting and is responsible for minutes derived from the meeting.

b. Principals and Sport Coordinators combined

The Principal of the Convenor school will chair meetings whilst the Sports Coordinator is to act as minute’s secretary. Meeting dates for 2022 are as listed:

TERM 1	TERM 2	TERM 3	TERM 4
Thursday 10/2/22	Thursday 9/6/22	Thursday 4/8/22	TBC at discretion of the group

Minutes derived from all meetings are to be circulated within one week of the meeting. Schools must have representation at all levels of meeting.

11. GENERAL CONDITIONS OF PARTICIPATION

11.1 Dress

For all sports, players dress standards must be consistent with, and in line with the traditional expectations for that sport. Tracksuits are NOT acceptable items to be worn during games. In extreme adverse climatic conditions, the coaches can convene and if agreed, tracksuit tops may be worn, but NOT bottoms. In addition, only Goalkeepers in hockey and soccer may wear tracksuits or part thereof.

A bonus point system will operate where a team is awarded an additional point for all players correctly attired in the school sports uniform. The umpire in consultation with the coaches of each team shall confirm the bonus points immediately after the fixture has been completed. Coaches must write the bonus point on the scorecard before umpires sign. It is assumed that teams receive zero points except where the bonus point is declared on the weekly results sheet by the sports coordinator. Teams who forfeit matches cannot claim a bonus uniform point but the team, which wins on a forfeit, can claim the bonus point.

Finals – players must be in correct uniform or are not allowed to enter the field of play. If necessary, the opposition coach can request that players are removed from the ground until they have the correct uniform.

REFER TO APPENDICE 20 ATTACHED FOR QUALIFICATION.

11.2 Staffing

Suitable teaching staff are assigned a coaching or managing task by the Principal in consultation with the Sports Coordinator in such a way that each team is accompanied by a teacher or a responsible adult acting on written authorisation from the Principal (including split venues such as in Tennis).

If necessary, qualified (in the estimate of the Principal and Sports Coordinator) parents or past students or senior present students (Year 8 and Year 9 teams only) may be authorised by the Principal to coach teams (assuming the presence of an adult manager). Individual schools should be aware of “Duty of Care” issue, and ensure the presence of staff at each venue.

Duties of scorer, timer, linesperson and boundary umpires are carried out by competent reserves or suitable persons nominated by the Coach/Manager. ‘Dual Pitch scoring’: Runs scored and wickets taken must be recorded at the conclusion of each over.

Each school engages all necessary staff and meets its own cost in this regard.

Inservices in coaching skills are provided by member schools on a shared basis.

11.2.1 Staff Authority

Staff from both schools engaged in a fixture, have the authority to address and or discipline students from the opposite school.

11.2.2 School Complaints

No school is to submit a complaint against another school’s team, staff or student(s) without first addressing the issue with the school’s Principal. ACC staff are not to be involved in any incident or disagreement unless the two Principals cannot come to an agreement. If no agreement can be achieved between the two Principals either or both Principals may submit a complaint to the ACC for adjudication.

Sports Coordinators should first try to work out an agreement on disputes and if unsuccessful move to the Principals for clarity.

11.3 Team Minimum Numbers

TEAM MINIMUM NUMBERS			
Summer		Winter	
Basketball	4 players	Football (AFL)	15 players
Indoor Cricket	6 players	Soccer	7 players
Touch Rugby	5 players	Netball	5 players
IBV	4 players	Floorball	4 players
AFLW	12 players	Badminton	4 players
Frisbee	4 players		

11.4 Umpires/Referees

The home team provides umpires/referees for:

- Basketball (2 referees for all years)
- Soccer (1 referee)
- Football (2 umpires for year 10; 1 umpire for years 7, 8 & 9)
- AFLW (1 umpire)
- Netball (2 umpires for all years)
- Indoor Cricket (1 umpire)
- Touch Football (1 umpire for all grades except year 7)

Central umpires have been organized for the following sports:

- Indoor Beach Volleyball (Ossie Indoor Beach Volleyball Centre)
- Indoor Cricket (Bouncers; Ballajura Sports Centre)
- Floorball (Floorball WA)

Schools should use accredited umpires for NAS sport fixtures. Senior students may only be used in extreme circumstances. Only where two umpires are used for a sport may one be a student from a school.

For football and soccer students should not be used at all.

11.4.1 Control

If in the opinion of both coaches, the umpire has a lack of game control, and student safety is at risk or student behaviour inappropriate, then action should be taken. The first course of action is for both coaches to approach each

other and agree that there is a problem. The game should then be stopped by the coaches and the players on both teams spoken to. After a restart if the umpire control is still not satisfactory both coaches should again confer and if they both agree the game should be stopped and the coaches may take over the umpiring for the remainder of the match.

11.4.2 **Send Off Rule**

If a student is sent from the field of play in any NAS sport, he/she is **not** permitted to return to the field of play for that game. The umpire/referee should indicate the reason for the send off to the team coach and the player concerned when it is convenient. A written report is to be made and copies sent to the Sports Coordinators of each school. The Sports Coordinators' should then take appropriate action.

REFER: APPENDIX 16 "INSTRUCTIONS TO UMPIRES/REFEREES", APPENDIX 17 "GAME PROCEDURES AND ETIQUETTE".

11.4.3 **Sin Bin Rule**

A five (5) minute send off rule is to be enforced for all minor offences for all sports except basketball.

11.5 **Points**

WIN	-	4 Points		
LOSS	-	1 Point		
DRAW	-	2 Point		
FORFEIT	-	Winning Team	-	4 Points
	-	Losing Team	-	0 Points

Teams with equal points on weekly and final competition ladders, will be separated in the following manner:

Basketball	-	Goals for and against (goal difference)
Indoor Cricket	-	Runs for and against (run difference)
Beach Volleyball	-	Sets for and against (set difference), points for and against (points diff)
AFLW	-	Points for and against (point difference) and Percentage (F/A x 100)
Football	-	Points for and against (point difference) and Percentage (F/A x 100)
Touch	-	Points for and against (goal difference)
Soccer	-	Goals for and against (goal difference)
Netball	-	Goals for and against (goal difference)
Badminton	-	Sets then games for and against (set or games difference)
Floorball	-	Goals for and against (goal difference)
Frisbee	-	Points for and against (goal difference)

11.6 **Protective Equipment**

Refer to individual sports charter. It is essential that **ALL** protective equipment is worn at all times and that the equipment is maintained at optimal levels.

11.7 **Reporting of Results**

Results of all fixtures are reported using the GoJaro on-line results system through the ACC web site. The home team enters all results in GoJaro within 24 hours of the fixture. For NAS, the home team will be taken from the **year 7 fixtures**. **NB: Both home and away teams can enter results at any time after the fixture has been played.**

Once all results are entered the scorer must check that results are displaying correctly in the fixtures and on the ladder via the ACC website or the GoJaro App. Schools can correct errors at any stage. If there are any issues with the results entry process, schools are to notify the ACC immediately.

It is important that a copy or printscreen of this page is produced for your records. In the event of a problem with the scoring system, the ACC may need to ask for a copy of these results. If for any unforeseen circumstance the results cannot be entered by the home team using GoJaro then the away team should enter the results. If GoJaro is down and results cannot be entered on-line then the results can be emailed to the ACC.

Once results are entered and the opposition team has been notified, the opposition team must confirm results within 48 hours by ticking the "verified" box in GoJaro. Any discrepancies must be resolved by both home and away teams and results corrected in GoJaro.

It is suggested that the GoJaro system be promoted to coaches, students and parents and that the ladders be used to motivate individuals, teams and coaches/managers throughout the season.

N.B. Results entered are considered final once confirmed and verified on-line. Both teams' coaches/managers and captains must settle scoring discrepancies before scorecards are signed.

11.8 Home and Away Fixturing

Equal home and away opportunities for teams within each year group, gender and sport are scheduled within each cycle of fixtures. However, venue constraints are of prime concern in this regard, calling for cooperation and assistance between Sports Coordinators from each of the competing schools on each day of play. First mentioned team in the fixtures is the home team.

REFER: APPENDIX 12 A, B, C, D AND 13 A, B, C, D, E AND F "SUMMER AND WINTER FIXTURES".

11.9 Venues

It is the responsibility of the school providing the venue to ensure that all ground/court markings are complete and adequately maintained. Costs related to the hire of venues are to be met by the home team, or by mutual agreement in reference to 10.7 above.

All ground markings must be prepared in a safe manner.

REFER: APPENDIX 14 "VENUES"

11.10 Play-off for Positions

Points gained in qualifying rounds determine positions for play-offs. See Section 11.4.1 for further separations.

1st placed team v's 2nd place team

3rd placed team v's 4th place team

5th placed team Bye

Venues for play-offs are at the highest ranked school's home venue. When a school cannot provide their venue then an agreed venue is to be decided by both schools.

11.11 Final Team Placings and Trophies

Final team placings are determined by the results from the Intrazone play-offs. Winning teams will be presented with a NAS pennant after the Intrazone final. At the conclusion of each year NAS schools will be presented with a premiership plaque recognizing all winning teams in that year. Premierships are awarded for winning teams in each grade. There is also a NAS perpetual shield presented to the overall winning NAS school for each year.

In the case where NAS Intrazone finals fall in the same week as the round of 16 (ACC Championship), the final placings will be determined by the ladder after the final round of competition (round 5).

11.12 Finals

11.12.1 Intrazone finals

Fixtures are to be conducted the normal weekday a sport is run.
i.e. Year 7 and Year 8 on Tuesday; Year 9 and Year 10 on Wednesday.

They must commence by 4:00pm and be completed by 5:15pm.

Matches conducted are 1 v 2 for premiers, and 3 v 4 for 3rd place. 5th place has a bye. When four schools compete in a sport there will be no 5th place bye.

The venues are to be at the higher finishing school unless a school does not have enough facilities. In this case schools come to an agreement to the venue. Umpires organized by the home team should be neutral and of good quality. Home teams are to make sure facilities are in good order for finals games. Courts should be swept, grounds clearly marked, nets in good order and padding on goal posts.

All games must finish by 5:15pm with no extra time for both summer and winter competitions. If teams draw, the highest on the ladder wins. All coaches and teams are expected to stay at venues for presentations.

Presentations to begin at 5:15pm promptly. **Bus companies are to be notified to pick up at 5:30pm not 5:15pm.** Each venue is to hold a presentation hosted by the Principal (or senior management when the Principal is not available) of the host school. A presentation can be held separately should certain sports finish earlier than others. Teachers and coaches are to use their discretion when this occurs. NAS Pennants will be available at host schools for presentations to premiers. Third and Fourth place teams to be acknowledged.

11.12.2 ACC Championship

Premiership teams in Year 7-9 and Year 11/12 for basketball, netball and soccer will progress to the ACC Championship competition. ACC Championship games will be a knockout/elimination based tournament.

Preliminary Rounds

- ACC schools are initially broken into ACC Sub Association pools, wildcard groups based on geographical location or one-day carnivals for the preliminary stages of the competition.
- During the preliminary stage competition, each team will play each other once in a round robin competition.
- Games in preliminary rounds will be fixture by the ACC for set dates/days/times.
- Winning schools then progress into the Southern Conference or Northern Conference round of 16 elimination brackets for each sport and gender.

Elimination Rounds

- Information for teams reaching the elimination stage will be issued to teams ASAP after the conclusion of the preliminary round robin competitions.
- Games in the elimination round will be arranged by mutual agreement between schools.
- There are two dates allocated for the elimination round and schools must complete the game by the end of the second week of the elimination round.
- Wherever possible matches should always be played on the set day and time.
- The ACC reserves the right to create crossover conference semifinals as applicable and if warranted within a sport.

Days of Play

JUNIORS

- Summer (Basketball)

GENDER	R16	QUARTER FINALS	SEMI-FINALS	GRAND FINAL
Girls	28 April	12 May	19 May	26 May
Boys	28 April	12 May	19 May	26 May

SENIORS

- Summer (Basketball)

GENDER	R16	QUARTER FINALS	SEMI-FINALS	GRAND FINAL
Girls	26 April	10 May	17 May	24 May
Boys	27 April	11 May	17 May	24 May

- Winter (Soccer)

GENDER	R16	QUARTER FINALS	SEMI-FINALS	GRAND FINAL
Girls	19 July	2 August	9 August	17 August
Boys	20 July	3 August	10 August	17 August

- Winter (Netball)

GENDER	R16	QUARTER FINALS	SEMI-FINALS	GRAND FINAL
Girls	19 July	2 August	9 August	16 August
Boys	n/a	n/a	n/a	n/a

11.13 Start/Finish Match Length Policy

- 11.13.1 Start/Finish Time: **4.00pm - 5.15pm** is the official NAS match time. However schools are expected to **arrive by 3.50pm** to enable warm up time before the 4.00pm start. The normal finish time should be no later than 5.15pm. The exception is Cricket which has an extended finish time of 5.30pm.

- 11.13.2 Schools must adhere to the starting time of 4.00pm and arrive 10 minutes earlier. The latest start time allowable is **4.20pm**. After 4.20pm a forfeit will be declared and a social match played.
- 11.13.3 In the case of a match forfeit due to a late start, a 'social' match will still be played but the playing time will be reduced by mutual agreement between coaches ensuring equal half playing periods and a 5.15pm finish. The result will be invalid.
- 11.13.4 All games MUST adhere to the minimum playing time for that sport (as listed below, see point 8) to constitute a match. Quarter and half time breaks are not to be counted within the playing time.
- 11.13.5 Forfeits: If a match is to be forfeited due to late arrival, then the forfeit must be 'declared' before the start of the match. The forfeit is to be declared in the first instance by the coach of the offending team, if not then by the umpire/referee and the forfeit must be noted on the score card. If the forfeit is not 'declared' before the match, then the result will stand if the match length played met the minimum playing time requirements.
- 11.13.6 Finish Time: all matches should finish on or before the prescribed time of **5.15pm** ensuring adequate time for the return journey to schools.
- 11.13.7 Schools MUST ensure that they educate staff, students & coaches/umpires of this late start forfeit rule, to ensure that this rule is implemented in the right spirit.
- 11.13.8 Minimum playing time to constitute a match:
- Basketball: A minimum of 10 minutes per half constitutes 'full-time' for a game result.
 - Tennis: A minimum of 15 minutes per period of play constitutes 'full-time' for a match result, with both pairs filling this time requirement.
 - **Indoor Cricket:**
 - Beach Volleyball: A minimum of the best of 3 sets played to 25 points constitutes 'full-time' for a game result.
 - Football: A minimum of 15 minutes per half constitutes 'full-time' for a game result.
 - Soccer: A minimum of 15 minutes per half constitutes 'full-time' for a game result.
 - Netball: A minimum of 4 x 8 minute quarters constitutes 'full-time' for a game result.
 - Volleyball: A minimum of **3 x 10 minutes** constitutes 'full-time' for a game result.
 - Touch: A minimum of 15 minutes per half constitutes 'full-time' for a game result.
 - Badminton: A minimum of 15 minutes per period of play constitutes 'full-time' for a match result, with all three pairs filling this time requirement.
 - Floorball: A minimum of 15 minutes per half constitutes 'full-time' for a game result.
 - **AFLW:**
 - **Frisbee:**

11.14 Weather Policy

11.14.1 Hot Weather

- Sports Coordinators contact weather bureau at 11.30am. If the weather conditions are extreme (high temp & high humidity), schools consult with the other school and decide prior to 12:00pm. The host school and ACC are to be made aware of this decision. If possible, indoor sports should go ahead. (See 11.14.3 for iScore implications)
- Team coaches: Duty of care to students is of paramount importance and individual coaches/managers always have the power to cancel an individual match if they believe that student health and safety is at risk. Where possible they should consult with the home school sports coordinator.
- The provision of water is the responsibility of the individual players and the team manager, not the home school.
- Where possible the following guidelines should be followed when matches are played under hot/humid conditions:
 1. *Use venues that are: indoors or shaded. Outside hard courts should not be used due to increased radiant heat.*
 2. *Normal sun protection measures (hats/sunscreen) should be strictly followed*
 3. *Reduce match length or period length*
 4. *Increase player rotation through the bench*
 5. *Provide frequent rest/drink breaks*
 6. *Ensure that rest breaks are in shaded areas.*
 7. *Ensure students drink water BEFORE/DURING/AFTER the match*
 8. *Use common sense in hot/humid conditions and remember that student welfare always comes first.*

11.14.2 Winter Weather (severe)

Winter fixtures should only be cancelled if the weather is severe (lightning/hail) and poses a risk to student well being – rain itself is not severe and cause for cancellation. In extremely cold conditions, the coaches may convene and, if agreed, tracksuit tops may be worn, but not bottoms. In the case of severe

weather, sports coordinators will make a final decision at 1pm on the day of the game. Inside fixtures will still be played. Should the consensus be that the weather is too severe then games are to be cancelled.

- Current weather forecasts can be obtained at: <http://www.bom.gov.au/weather/wa/>

11.14.3 Cancelled Fixtures - Due to Weather

It is in the spirit of the NAS competition that schools canceling matches due to bad weather should not be penalized on the ladder. In situations where some games are cancelled at one venue and played at other venues the policy is:

- In fixtures where games are played at one venue and not at another in a like sport, ALL results, at all venues in that sport are null and void.
- When home teams cancel all games due to weather only those sports affected by weather should be abandoned and any indoor games should still go ahead as normal. Points for games played indoors in these cases will count as long as all fixtured games were played at all venues.
- If fixtures are cancelled all NAS schools are to be notified so that only relevant scores are entered into iScore for that round. ACC is to be notified so cancelled fixtures can be displayed as cancelled in iScore

11.14.4 Abandoned Games – after commencement

Should a game be abandoned whilst in progress, for reasons other than inclement weather, the match result will depend on whether the cause was ‘avoidable’ or ‘unavoidable’.

- Melees (avoidable): No result and game will be cancelled. No points to both teams.
- Severe Injury (unavoidable): Leading team at the time wins if the minimum time allowed of 20 minutes has transpired. If the minimum time has not been reached, the result will be a draw. No match scores will be entered into iScore, only ladder points for a ‘draw’ will result.
- Dangerous weather events (unavoidable): Same as for severe injury (above).

11.14.5 Cancelled Fixtures - Due to advance weather advice from external authorities

In some cases of extreme weather events there may be an advance weather warning advisory issued to schools by external authorities such as the Bureau of Meteorology, Catholic Education Office or Department of Education. In these extreme cases schools may be advised to cancel outside activities or to close. Schools would therefore be compelled to cancel sporting activities and it may not be possible for them to follow the usual NAS weather policy as outlined above. In these cases games will be considered as cancellations and results processed as per item 11.14.3 of the charter. Schools affected should advise the other NAS schools if this situation arises.

NB: This charter clause should not cover standard weather warnings issued by the Bureau of Meteorology and is only to be enacted if there is a clear directive from an external authority to either close schools or cease outside activity.

11.16 First Aid

In the event of serious injuries, a **staff member** from the school must be responsible for the welfare of that student, seeing that appropriate care is afforded.

It is highly recommended that players wear mouthguards in all contact sports. Prevention of injury is emphasized. Each school engaged in fixtures must have access to their own first aid kits. **Appropriate cold therapy (ice/cold packs) should be readily available at all venues.**

It is desirable that all schools have a communication system (mobile phones/radios) in place in the event of an emergency situation.

NB: All open wounds must be covered.

See Appendix 13 for "SPORTS INJURIES DOCUMENT".

11.17 Student Involvement

It is the intention and spirit of the competition to involve Boys and girls, as selected in separate teams for all year groups, including years 7, 8, 9, 10 and 11-12 combined.

Students **should only** participate in teams for their respective year levels. In no circumstances can a student play in a lower year level team.

Coaches should record all participating players on their score card for each match.

In extenuating circumstances, to avoid a forfeit situation (including finals), schools may allow a student to play in a higher year level team. This should only occur as an extreme measure if no other players are available in that year group. As a courtesy, in instances where students are playing up a year level, the coach and or manager of the opposition team must be informed of this change before the start of play.

Graded Year Teams: In situations where teams in a sport/year level are graded (i.e. Netball A & B), players should only be selected to play in one grade each week. If a team is short and a player has to fill in for another grade then that player must remain in that grade for the entire game. Players should not rotate between grades during a match to help fill teams.

Finals: In finals matches the students selected to play should have been members of the team during the regular NAS season. It is not in the spirit of the competition for students to be brought into teams only for finals matches.

11.18 NO LIMITS-Inclusive Student involvement

In 2018 NAS inclusive students will have the opportunity to participate within an integrated school soccer team. This is part of the ACC NO LIMITS program encouraging students with disabilities to compete for their school within a competitive interschool sporting environment.

This competition will be held in Term 2 as part of the NAS Winter Sport Program.

Details of the NAS Integrated Soccer Comp can be found on page 36 [Appendix 9](#)

12. CHANGE OF RULES AND CONDITIONS OF PLAY

Change of conditions of play and rules governing the conduct of the Northern Associated School's Interschool Sporting Competition are to be made at properly convened meetings, **prior** to the commencement of the forthcoming season.

13. DETERMINATION OF MATCH RESULTS

When poor weather is present and disrupts the fixtures, full-time is required for a result in basketball, softball and tennis. (This is in line with the agreed reduction on time factor.)

Basketball: A minimum of 10 minutes per half constitutes 'full-time' for a game result.

Indoor Cricket: A minimum of 8 overs is to be faced per side to constitute a match for a result.

AFLW: A minimum of 15 minutes per half constitutes 'full-time' for a game result.

Beach Volleyball: A minimum of the best of 3 sets played to 25 points constitutes 'full-time' for a game result.

Football: A minimum of 15 minutes per half constitutes 'full-time' for a game result.

Soccer: A minimum of 15 minutes per half constitutes 'full-time' for a game result.

Netball: A minimum of 4 x 8 minute quarters constitutes 'full-time' for a game result.

Touch: A minimum of 15 minutes per half constitutes 'full-time' for a game result.

Badminton: A minimum of 15 minutes per period of play constitutes 'full-time' for a match result, with all three pairs filling this time requirement.

Floorball: A minimum of 15 minutes per half constitutes 'full-time' for a game result.

Frisbee: A minimum of 15 minutes per half constitutes 'full-time' for a game result.

14. FORFEITS

Early communication is essential to alleviate problems arising from forthcoming forfeits. The latest time for a forfeit to be communicated is lunchtime on the day of the fixture. Principals from schools concerned are to be informed of the decision.

A team causing the forfeit will receive 0 points, whilst the opposition receives 4 points for that fixture. The team that forfeits cannot lose any extra points and the team that wins on a forfeit cannot be penalized for a uniform point.

To assist with the separation of teams with equal points on weekly and final competition ladders, the team winning a forfeit, will be awarded a predetermined score for that particular sport. The team losing will be awarded the reverse of the predetermined score.

FORFEIT SCORES

Sport	Proposed Forfeit Scores
<i>Summer</i>	<i>For</i>
AFLW	80 points
Indoor Cricket	80 points
Touch Rugby	8 tries
Basketball	40 points
Beach Volleyball	80 points
Frisbee	8 points
<i>Winter</i>	<i>For</i>

Soccer	8 goals
AFL	80 points
Floorball	8 goals
Badminton	80 points
Netball	30 goals

15. UNEVEN CONTESTS (MERCY RULE)

The “Mercy Rule” should be considered more a philosophy than a rule. The aim of the recommendation is that if any game is competitively uneven, the coaches should modify or adapt the game to make it a positive playing experience. This change to the game should be instigated by the coaches and not the referees. Any changes to the match should be made in a subtle way so as not to embarrass or mock the losing school. Some suggestions for modifications include:

- winning team taking off better players and playing reserves
- reduce playing numbers for both teams if opposition is short
- winning team offering to have some players play for the opposition
- winning team changing team positions such as swapping attackers with defenders
- winning team to instruct players to pass the ball more often before taking a shot
- winning team reducing the defensive pressure on the opposition
- winning team offering to mix players between teams.

At the point when the maximum margin occurs (refer table below), coaches concur and modify the game. The result at that point will be recorded and points will be awarded to the winning school. Sports Coordinators should also change score cards post match if the coaches have not listed the maximum allowable score as the result. Scores greater than the maximum allowable score should not be entered into GoJaro.

This “mercy rule” scoring is only to be implemented for the sports listed below. Other sports such as tennis, cricket, volleyball and badminton, whilst not using the maximum allowable scores, should still follow the philosophy of the mercy rule and if a match is grossly one sided make game modifications as outlined above.

NB: If a team is low on players but within the minimum range (see item 11.3), the teacher/coach of the opposition team can use discretion when matching team numbers. Depending on the sport, the team and the situation, teachers are not obligated to match team numbers.

MAXIMUM MARGIN TABLE

<i>Sport</i>	<i>Proposed Maximum Margin</i>
AFL	80 points
AFLW	80 points
Badminton	80 points
Basketball	40 points
Beach Volleyball	80 points
Floorball	8 goals
Frisbee	8 points
Indoor Cricket	80 points
Netball	30 goals
Soccer	8 goals
Touch Rugby	8 tries
Volleyball	80 points

e.g. If a score of 10 – 2 is reached in soccer, That score is recorded as the official result and coaches are to consult and adjust match conditions. Any changes to the score after this point are not recorded.

Appendix 1

TO "Northern Associated Schools"
 SUMMER SPORT - **BASKETBALL (BOYS AND GIRLS)**

SPECIFIC CONDITIONS OF PLAY AND RULES**TEAMS**

Teams are to consist of 5 on-court players with unlimited substitute players.
 Minimum of five (5) players.

DRESS

Basketball strip with numbered singlets or bibs from 4 to 15. Non marking shoes are to be worn in games played indoors. All shorts must be the school's sports uniform in the same colour. Tracksuits are NOT acceptable items to be worn during games. In extreme adverse climatic conditions, the coaches can convene and if agreed, tracksuit tops may be worn, but NOT bottoms.

START TIME

4.00 pm

DURATION OF PLAY

Games are to consist of two (2) x twenty-five (25) minute halves with 5 minutes changeover at half time. (Running clock.) Time outs are to consist of maximum 1-minute duration.

Games are to finish at 5.15 pm.

In the event of an unscheduled reduction in the time available to play, the halves are to be reduced accordingly, with strict adherence to the 5.15 pm finish time.

A minimum of 10 minutes per half constitutes 'full-time' for a game result.

EQUIPMENT

Mouth guards are highly recommended & are now compulsory for WABL junior matches

All girls: size 6 ball

Boys Yr 7-8: size 6 ball

Boys Yr 9-12: size 7 ball

RULES (QUALIFYING FIXTURES)

The rules of the Basketball Australia (FIBA Rules) will apply except as stated otherwise in this document. FIBA rules are available for downloading at: <http://www.fiba.basketball/documents/official-basketball-rules-yellow/2020.pdf>

3 points will be counted in all year groups, where court markings exist.

SUBSTITUTES

Are to be made via the umpire.

TIME OUTS

- 2 time outs allowed per half.
- There are no time-outs allowed in the last 3 minutes of the second half.
- All other time-outs are applicable.

SCORECARDS

Timekeepers and scorers from opposing teams must **SIT TOGETHER**.

Scorecards are to be signed by the umpire/s or referee/s and captains or coach of each team at the conclusion of the fixture. It is assumed that scoring discrepancies are settled immediately at the conclusion of the fixture should they occur, and that results reported to the ACC office are final.

Intrazone results must be reported immediately after the final to the ACC office.

FORFEITS

Should any team forfeit a match full points for a win (4 points) and twenty (40) goals shall be credited to the opposing team. Forty goals (40) shall be debited against the team forfeiting. Teams forfeiting receive 0 points.

FINALS

Finals matches are played based on the ladder position at the end of the round robin.

1st place team v's 2nd placed team at the 1st placed team venue (unless otherwise agreed)
 3rd place team v's 4th placed team at the 3rd placed team venue (unless otherwise agreed)

All games must finish by 5:15pm with no extra time for both summer and winter competitions. If teams draw, the highest on the ladder wins. All coaches and teams are expected to stay at venues for presentations.

Presentations to begin at 5:15pm promptly. **Bus companies are to be notified to pick up at 5:30pm not 5:15pm.** Each venue is to hold a presentation hosted by the Principal (or senior management when the Principal is not available) of the host school. Premiership Pennants will be distributed to host schools for presentations to premiers. Third and Fourth place teams to be acknowledged.

Results should be sent to the ACC office within 24 hours.

SUMMER SPORTS - NO LIMITS INTEGRATED BASKETBALL (MIXED)

SPECIFIC CONDITIONS OF PLAY AND RULES

AIM:

The intent of the NAS NO Limits – Integrated Basketball competition is to provide the students with an “inclusive” sporting opportunity as part of NAS Sport. The game will be an integrated playing model with able bodied/skilled students playing alongside students with a disability or those physically or cognitively challenged. The game should be a learning process for both groups of students with the emphasis on fun and participation, rather than a must win approach. The games should be played as “real” as possible and still be competitive with scores kept.

Roles:

Able bodied/skilled students:

- To use their skills and game sense to play alongside SWD's and use their abilities to bring the SWD's into the game and help the SWD's to improve their skills and game sense.
- The able bodied students will have an important mentoring and on-court coaching role as well as the usual role of a player in the game.

SWD or physically or cognitively challenged players:

- To be provided an opportunity to develop their skills, game sense and confidence in an inclusive, safe and non-threatening environment.
- To develop better relationships with their able bodied peers and through a shared game experience assist their able bodied peers to gain a better understanding of the challenges faced by people with a disability.

Supervising Coach/Teacher:

- To facilitate the game experience so that both groups of students are provided equal opportunity to develop their physical and inter personal skills through a game experience.
- To ensure that able bodied students understand their role as one of a playing mentor/coach to assist the SWD's to develop their skills and game competence.
- The Supervising Coach/Teacher has to ensure that fun, participation and inclusion are the key elements to the game.
- To ensure that the referee and able bodied players understand that in the event of a one sided contest that steps will be taken to even up the contest in a subtle way.

Referee:

- Must be aware that the game is a development and learning process for all players and inclusion, fun and participation are the most important outcomes.
- Ensure that supervising coaches/teachers, referees and captains meet briefly pre game to discuss rules and emphasize inclusive philosophy.
- To ensure that in the event of a one sided contest that supervising coaches/teachers take steps to even up the contest in a subtle way, even if this means changes to the standard playing rules of the sport.

TEAMS

Teams are to consist of five (5) players on the court with a maximum of four (4) interchange players. Minimum number of four (4) players.

Students may be of any age Year 7-12

Ratio of Inclusive students to mainstream is 3:2 (on court). However, schools mainstream students are to aged up to Year 10 and not a basketball dominant player

Teams are to have mixed gender (if possible).

DRESS

Basketball strip with numbered singlets or bibs from 4 to 15. Non marking shoes are to be worn in games played indoors. All shorts must be the school's sports uniform in the same colour.

START TIME

4.00 pm with warm-up activities to be conducted by staff from participating school teams. The staff that attend will need to have some understanding of basketball and possible warm up activities. Schools will be required to bring basketball balls for own warm up. The venue is unable to supply coaches or take warm up drills.

Game commences at 4:20pm

VENUE

Bendat Stadium
Underwood Avenue, Mt Claremont
(08) 62720701
reception@basketballwa.asn.au

DURATION OF PLAY

Games are to consist of three (3) x fifteen (15) minutes halves with three (3) minute break. If teams are running late, each quarter can be reduced to 10 minutes at the discretion of the Inclusive teacher in charge.

Referees will be supplied by Hawks Basketball Club. The Referees will be Junior referees.

In the event of an unscheduled reduction in the time available to play, the thirds are to be reduced accordingly, with strict adherence to the 5.15pm finish time.

RULES (QUALIFYING FIXTURES)

The rules of the Basketball Australia (FIBA Rules) will apply except as stated otherwise in this document. FIBA rules are available for downloading at: <http://www.fiba.com>

3 points will be counted in all year groups, where court markings exist.

Team Leader/Captain: each team must appoint a student or students to act as Captain or Team leader each week.

Team Buddies: Supervising coach/teacher should consider a subtle buddy system where each able bodied player is assigned to a SWD player. During breaks and post-game buddies can meet to discuss the game and share their experience with each other.

Pre-Game:

-Coach/Teacher, Referees and Captains to meet, shake hands and quickly confirm the rules of the game and that the emphasis is on fun and participation.

-Warm up: all players must participate in a pre-game warm up.

½ Time: As well as their own ½ time address, the Coach/Teacher to invite the Captain to address the team players on how the game is going and areas to consider to help improve skills and inclusion of all players.

Post-Game: all players, coaches from both sides and referees line up and shake hands. Home supervising team teacher/coach to bring all participants together and provide some verbal encouragement to all participants and strategies that they can improve on for next time.

NOTE: If it becomes obvious that the game is becoming too one sided, then the Supervising coaches/teachers must facilitate a change in the game structure to even up the game. This must be done in a subtle way and not an obvious public announcement. Possible game changes:

-Dominant team should remove all abled bodied players from the game to allow the opposition team more success and opportunity.

-Reduce the number of players on the dominant team from 5 to 4 or 3.

-Ask the able bodies players on the dominant team to play the ball only with their non-dominant dribbling and shooting hand.

SUBSTITUTES

Substitutes are to be made via the umpire.

Interchange rules are to apply to support the philosophy of participation.

EQUIPMENT

Mouth guards are highly recommended & are now compulsory for WABL junior matches

Ball Size: 6

SCORECARDS

Scorecards are to be signed by the umpire/s or referee/s and captains or coach of each team at the conclusion of the fixture. It is assumed that scoring discrepancies are settled immediately at the conclusion of the fixture should they occur, and that results reported to the ACC office are final.

Scores are to be entered in iScore. Results will not affect NAS Tally of Placings

FORFEITS

Should any team forfeit a match full points for a win (4 points) and 40 goals to nil (40 – 0) shall be credited to the opposing team. Forty goals shall be debited against the team forfeiting. Teams forfeiting receive 0 points.

FINALS

Finals matches are played based on the ladder position at the end of the round robin.

1st place team v's 2nd placed team at the 1st placed team venue (unless otherwise agreed)

3rd place team v's 4th placed team at the 3rd placed team venue (unless otherwise agreed)

All games must finish by 5:15pm with no extra time for both summer and winter competitions. If teams draw, the highest on the ladder wins. Ladder placings will not count towards the NAS tally of placings.

Appendix 2

TO "Northern Associated Schools"

SUMMER SPORT – INDOOR CRICKET (BOYS) YEARS 7-10**SPECIFIC CONDITIONS OF PLAY AND RULES****TEAMS**

Teams are to consist of a minimum number of 6 players and a maximum of 10 players.

8 a side (16 overs total) 16 x 6 ball overs. Each player bowls a maximum of 2 overs. Each batting pair has 4 overs.

Fielding – Max 8 on the field (6 fielders, 1 bowler, 1 wicket keeper). If there are extra, the coach can sub extra fielders on/off.

UNIFORM

School sports uniform.

Helmet Ruling: It is recommended that all batsmen wear a helmet, provided by the school.

PLAYING TIME

1 hour playing time from 4.00pm – 5.00pm. Games are played at central venues which are booked for one hour only.

EQUIPMENT

Central venues can provide game balls which are used for their social sporting competitions. Otherwise, schools are to provide a ball as well as general equipment.

RULES OF THE GAME**1. FIELDING A TEAM**

- a) A game is played between two teams, each with a maximum of 10 players.
- b) No team can play with less than 6 players.
- c) A scheduled game must proceed if a minimum of 6 players for each team are present.
- d) To take part in a match, a player must be able to bat and bowl, except in the case of the Substitutes Rule.
- e) A team must nominate a captain for each game.

2. THE GAME

- a) The game consists of 1 batting and 1 bowling innings per team.
- b) Each innings consists of 16 overs with 6 ball overs.
- c) The run deduction for a dismissal will be 5 runs, and other penalties will be 5 runs or multiples of 5 runs.
- d) Each player must bowl 2 overs except in the case of the Player Short/ Substitutes/ Injured Players Rule. [Rule 8]
- e) Prior to the start of each over the umpire must be advised of the bowler's name in order for the game to start/resume.
- f) A bowler must not bowl 2 consecutive overs. The fielding team will be penalised 5 runs for each over offended.
- g) A delivery commences from the moment a bowler (with the ball in their hand) starts their run up and continues until the same time of the next delivery.
- h) A batting innings is divided into 4 sections. Each section consists of 4 overs.
- i) The batting team bats in pairs with each pair batting for 4 overs.
- j) Upon arrival at the batting crease the batters must inform the umpire of their respective names in order for the game to start/resume.
- k) Batters continue batting for the entire 4 overs, whether they are dismissed or not. When a player is dismissed, 5 runs are deducted from their team's score.
- l) Batters must change ends at the completion of each over.
- m) No batter may bat more than once, except in the case of the Player Short/ Substitutes/ Injured Players Rule.
- n) A team must not declare an innings closed.
- o) The team compiling the higher number of runs will be the winner.

3. UNIFORMS – N/A**4. THE TOSS**

The umpire will toss a coin or token to determine the order of the innings. The umpire will advise which team is to call.

5. PLAYING EQUIPMENT

- a) Bats: Must be made of wood with dimensions no larger than 96.5 cm in length and 10.8 cm in width and have a suitable bat grip. If an umpire is not satisfied with the suitability of a bat or bat grip, they should not allow it to be used. Note: Bat grips must be of a non-slip material and in good order.
- b) Batting Gloves: A batting glove (which completely covers the hand from the wrist) must be worn on each hand by both batters. If an umpire notices a batter is not wearing two suitable gloves, play must not continue until 2 gloves are worn.

- c) Keeper's Gloves: The wicket keeper has the option to wear 0, 1 or 2 suitable gloves. The gloves may be wicket keeping or batting gloves, or a combination of both. No other style of gloves from other sports are permitted. Keeper's gloves may only be worn by the wicket keeper in the approved area.
- d) Fielding Protection: Players may wear suitable protective equipment when fielding provided the safety of that player and all other players on the court is not compromised. The decision to allow players to use protective equipment rests with the duty manager.
- e) Balls: The centre will supply a recognised Indoor Cricket ball for each match. Teams must not supply their own. Any player or team found substituting or deliberately scuffing, gouging, or attempting to reshape the ball will be penalised 10 runs for ball tampering.
- f) Protective and other equipment not in immediate use must be placed outside the court until required. Players will be warned to remove unused protective and other equipment. Refusal to do so will result in a 5 run penalty to the offending team.
- g) The Stumps will be "Wilkins" style collapsible stumps. The base plate is considered to be part of the stumps.
- h) Bails may be wooden or plastic and must be tied to the stumps.

6. THE UMPIRE

- a) Before each game, an umpire will be appointed to adjudicate the rules of the game with absolute impartiality.
- b) Teams will have no choice in the appointment of the umpire.
- c) The umpire may only be changed at the discretion of the duty manager.
- d) The umpire has the right to alter their decision provided it is done promptly.
- e) The umpire's ultimate decision during a game is final. No dispute, written or otherwise, will alter the result.
- f) The umpire will be the sole judge of fair and unfair play.
- g) The captain of the fielding side or the batter at wicket may query an umpire's decision. Once the umpire has replied, any further talking to, at or about the umpire, or their decision, may be penalised.

7. ARRIVAL/LATE PLAYER/S

All teams are to be present at the games counter a minimum of 2 minutes prior to the scheduled commencement of their game to do the toss. i. Any team failing to arrive on time will forfeit the right to a toss. The non-offending team can choose to field first or wait until the offending team has 6 players present and bat first. ii. If both teams are late, the first team to have 6 players present will have the right to choose to bat or field first.

8. PLAYER SHORT/SUBSTITUTES/INJURED PLAYERS PLAYER SHORT

- a) If a team is 1 player short: When batting: after 12 overs, the captain of the fielding side will nominate 1 player to bat again in the last 4 overs with the remaining batter. When fielding: after 14 overs, the captain of the batting side must choose 2 players to bowl the 15th and 16th overs. The non-consecutive overrule still applies.
- b) If a team is 2 players short: When batting: after 12 overs, the captain of the fielding side will choose 2 players to bat again in the last 4 overs. When fielding: after 12 overs, the captain of the batting side must choose 2 players to bowl 2 of the last 4 overs. The non-consecutive overrule still applies.
- c) If a selected player is not available to bat again, a 10 run penalty will apply and another player must be selected. This rule does not apply to a player who has to leave the game early for legitimate reasons provided both captains and the umpire had knowledge of the player's early departure.
- d) When a team is reduced to less than 6 players (irrespective of the reason) and a substitute is unavailable, the offending team will forfeit the game.

SUBSTITUTES

- e) A substitute player is one who joins the game, after it has officially commenced, to replace an existing player who is incapable of completing the game due to injury or illness suffered during the game. This may only occur on the approval of the umpire or duty manager.
- f) Substitutes only apply to a team's fielding innings. Batters who are unable to complete their allocated overs due to injury or illness are not substituted, but merely replaced by a nominated team member.
- g) A substitute player cannot bat, bowl or wicket keep.
- h) A substitute must be in the correct uniform or uniform penalties will apply.
- i) A team may not use a substitute pending the late arrival of a nominated player.
- j) Once substituted, a player may take no further part in the match.

9. FIELD PLACEMENT

- a) Fielders Per Half Court The court is divided into two halves with the dividing line being the non-striker's running crease. No more than 4 fielders may be in either half of the court from the moment the bowler commences their run up until the ball leaves the bowler's hand. On the line is considered in the other half. If this rule is contravened, the umpire will call "No Ball".
- b) Fielders on Pitch With the exception of the bowler, no fielder (including a wicket keeper), can move on or extend over the pitch from the commencement of the bowler's run up until the ball is played at by the batter or passes the striker's wickets. If this rule is contravened, the umpire will call "No Ball".
- c) Exclusion Zone An Exclusion Zone will be marked in an arc extending at a radius of 3 metres from the batting crease. No fielder can move on or extend over the Exclusion Zone from the commencement of the bowler's run up until the ball is played at by the striker or passes the striker's wickets. A wicket keeper may move into the Exclusion Zone after the ball has been bowled provided

they are legitimately getting in position to field the ball, and they do not pass forward of the imaginary line through the stumps. If this rule is contravened, the umpire will call "No Ball".

d) Wicket Keeper

- i. A fielder is classified as a wicket keeper if they take up position behind the stumps at the striker's end in the area designated for the wicket keeper.
- ii. The area designated for the wicket keeper is between the imaginary lines extending along the extremities of the pitch to the back net and the line running at right angles through the stumps at the striker's end. (See diagram on court layout).
- iii. The wicket keeper must take up a position with both feet wholly inside the designated area and cannot move out of that area until the ball leaves the bowler's hand. If this rule is contravened, the umpire will call "No Ball".
- iv. A wicket keeper may move into the Exclusion Zone after the ball has been bowled provided, they are legitimately getting into position to field the ball, and they do not pass forward of the imaginary line through the stumps. If this rule is contravened, the umpire will call "No Ball".
- v. The wicket keeper cannot take the ball either in front of or from the side of the wickets unless the ball strikes the batter's body or equipment. If this rule is contravened, the umpire will call "No Ball".
- vi. The wearing of gloves by the wicket keeper is optional. [See Rule 5C]
- vii. A wicket keeper is optional.

10. SCORING

Runs may be scored as follows:

- i. When both batters cross between the batting crease and the non-striker's crease, and make good their ground, 1 run is scored. This run is referred to as a "physical run". Physical runs can be attempted at any time the ball is live.
- ii. Bonus net runs are scored when a batter hits the ball with the bat or the hand/s holding the bat into perimeter netting. This includes balls unintentionally deflected off the bat or batter's hand/s holding the bat onto protective equipment, deflected by fielders and unintentionally deflected from the non-striker's body or equipment. The following bonus net runs will apply:

ZONE A (FRONT NET) 0 RUNS

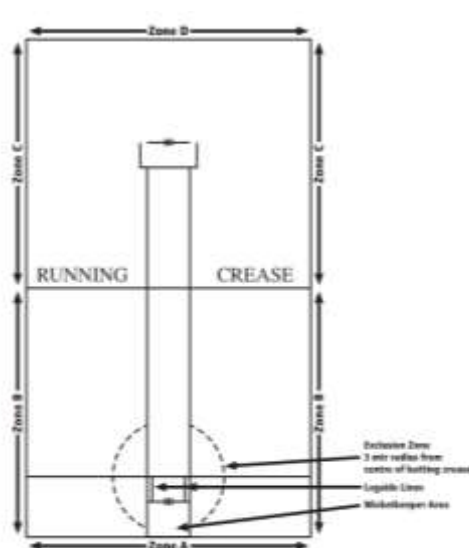
ZONE B (SIDE NET) 1 RUN

ZONE C (SIDE NET) 2 RUNS

ZONE D (BACK NET) 4 RUNS ON BOUNCE

ZONE D (BACK NET) 6 RUNS ON FULL

ZONE B OR C ONTO ZONE D 3 RUNS



SCORECARDS

Scorecards/scorebooks are to be signed by the umpires and captains or coaches at the conclusion of the game. It is assumed that scoring discrepancies are settled immediately and that results reported to the ACC office are final. Constant liaison between both sets of scorers and captains/teams is necessary.

Scoring is based on the team, which has the most runs after the equivalent number of overs.

FORFEITS

Should any team forfeit a match, full points for a win (4 points) and 80 runs shall be credited to the opposing team. Teams forfeiting receive 0 points.

FINALS

Finals matches are played based on the ladder position at the end of the round robin.

1st place team v's 2nd placed team at the 1st placed team venue (unless otherwise agreed)

3rd place team v's 4th placed team at the 3rd placed team venue (unless otherwise agreed)

All games must finish by 5:00pm with no extra time. If teams draw, the highest on the ladder wins. All coaches and teams are expected to stay at venues for presentations.

Presentations to begin at 5:15pm promptly. **Bus companies are to be notified to pick up at 5:30pm not 5:15pm.** Each venue is to hold a presentation hosted by the Principal (or senior management when the Principal is not available) of the host school. Premiership Pennants will be distributed to host schools for presentations to premiers. Third and Fourth place teams to be acknowledged.

Results should be sent to the ACC office within 24 hours.

Appendix 3

TO "Northern Associated Schools"
SUMMER SPORT - AFLW

TEAMS

If possible, all schools will try to field fifteen (15) players with an unlimited number of interchange players. Should a team be unable to find 15 players, the opposition school will adjust their team size to balance the number of players.

DRESS

Players must wear numbered school football jumpers, uniform shorts and socks. Tracksuits are NOT acceptable items to be worn during games. In extreme adverse climatic conditions, the coaches can convene and, if agree, tracksuit tops may be worn, but NOT bottoms. **Mouth guards are mandatory for all players.**

START TIME

4.00 pm

DURATION OF PLAY

Games will consist of two (2) twenty five (25) minute halves with no time on. The half time break will be of five (5) minutes duration. There are no "time on's".

A minimum of 15 minutes per half constitutes 'full-time' for a game result.

SPECIFIC CONDITIONS OF PLAY AND RULES (W AFC YEAR 7-12 YOUTH GIRLS 2020)

GENERAL MATCH RULES

Start of Play	Ball-up in the centre of the ground between 2 players. Players are not permitted to take full possession out of a ruck contest. Maximum of 3 players from each team permitted within 20 metres of ball up. Maximum of 2 players from each team permitted within 20 metres of ball for 12-a-side matches.
Positions	12- a-side: Soft zone resets at centre bounces: 4 forwards, 4 midfielders & 4 defenders. 2 midfielders from each side must set up on the wing as per 2a iv . 15-a-side: Soft zone resets at centre bounces: 5 forwards, 5 midfielders & 5 defenders.
After a Goal	After a goal a ball-up should occur in the centre of the ground.
Out of Bounds	Last Possession Rule From a kick or handball, a free kick is to be awarded to the nearest opponent. If a player runs the ball over the boundary line, a free kick is to be awarded to the nearest opponent. If the ball is off hands or a player's body, a ball-up is to occur 10 metres in from the boundary line. If there is any doubt as to who's free kick it is, a ball-up is to occur 10 metres in from the boundary line.
Scrimmage	Umpire to stop play before throwing the ball up. Coaches should instruct players to get into position to teach players the positions and reduce congestion.
Marking	A mark is to be awarded for any kick that travels a minimum of 15 metres
Bouncing	Players are only permitted to bounce (or touch the ball on the ground) twice before disposing of the ball.
Kicking off the Ground	Players are not permitted to deliberately kick the ball off the ground or use feet to control the ball whilst it is on the ground. Whereby the foot makes accidental contact to the ball, the umpire will call play on.
Protected Area	The protected area at this level is 5 metres.
Order-off Rule	To be applied as per the Red & Yellow card system.
Tackling	Tackling is permitted as per AFL Laws of the Game.

EQUIPMENT

The home team is to supply the ball - Year 7 & 8 (size 3 ball); Year 10 (size 4 ball). A school regulation size ball is to be used for all other age groups.

Mouth guards are mandatory for all players.

UMPIRES

The Central Umpire/s must be correctly attired in white and be in possession of a "finger hold" whistle.

The Sports Coordinator must be satisfied that the Central Umpire is capable of maintaining control of the game where aggression and body contact are imminent.

The Goal Umpires (one supplied by each team) must wear a white coat (buttoned up) and be in possession of two white flags and scorecard and pen.

The Boundary Umpires (one supplied by each team - preferably two) must wear a white top and shorts and be in possession of a "finger hold" whistle.

Timekeepers must be supplied from each team and be supplied with a timing device and siren.

Refer to section 11.3.1 "Umpires and Referees".

SCORECARDS

It is critical that the Central Umpire/s and both goal umpires confer and coordinate progressive and final scores at EACH break.

Scorecards are to be signed by the umpire/s and captains or coach of each team at the conclusion of the fixture. It is assumed that scoring discrepancies have been settled at each break and that results reported to the ACC office are final.

FORFEITS

Should any team forfeit a match, full points for a win (4 points) and 80 points to nil (80 – 0) shall be credited to the opposing team. Eighty points (80) shall be debited against the team forfeiting. Teams forfeiting receive 0 points.

FINALS

Finals matches are played based on the ladder position at the end of the round robin.

1st place team v's 2nd placed team at the 1st placed team venue (unless otherwise agreed)

3rd place team v's 4th placed team at the 3rd placed team venue (unless otherwise agreed)

All games must finish by 5:15pm with no extra time for both summer and winter competitions. If teams draw, the highest on the ladder wins. All coaches and teams are expected to stay at venues for presentations.

Presentations to begin at 5:15pm promptly. **Bus companies are to be notified to pick up at 5:30pm not 5:15pm.** Each venue is to hold a presentation hosted by the Principal (or senior management when the Principal is not available) of the host school. Premiership Pennants will be distributed to host schools for presentations to premiers. Third and Fourth placed teams to be acknowledged.

Results should be sent to the ACC office within 24 hours.

Appendix 4

TO "Northern Associated Schools"

SUMMER SPORT - BEACH VOLLEYBALL (BOYS AND GIRLS)**TEAMS**

Teams consist of six (6) on court players with an unlimited number of substitutes. Minimum number of players is four (4).

DRESS

School sport uniform. Tracksuits may be worn but the correct uniform rule will be all team members in track pants or no team members in track pants.

START TIME

All games to begin at 4.00 pm.

DURATION OF PLAY

Games are to be contested over 3 x 15 minutes of play (5 minute break between) for all Years. A minimum of 3 x 10 minutes will constitute a game. Games are to finish by 5.15 pm.

UMPIRES

Volleyball WA in conjunction with the Ossie Indoor Beach Volleyball Centre will provide umpires for the NAS IBV competition. Each school will be invoiced for the cost of umpires.

EQUIPMENT

Standard beach volleyball

RULES**1. THE GAME**

Indoor Beach Volleyball (IBV) is a game played by two teams on a sand covered volleyball court surrounded by netting, where the ball is played rebound off the nets, with NO outs, therefore the ball is live at all times.

The ball may be hit with any part of the body above the waist (no intentional head butting), but each side is limited to three consecutive hits, no player is allowed to make two consecutive contacts.

Teams can score a point off any rally whether serving or receiving.

2. BALL AND NET ABUSE

Any kicking of the ball may result in a deduction of two points at the umpire's discretion. Players unnecessarily abusing the nets may be sent off.

3. SIDE AND TOP NETS

All nets can be used in general play, except when serving the ball, or contact with the top net when it is returned over the centre net to the oppositions side of the Court, this is deemed a foul. Teams can hit their own top net but the ball cannot land over the centre net on their opponent's side after hitting the top net. i.e. a team may hit the top net as long as it comes down on their own side of the net.

4. GENERAL PLAY

- Contact with the net should not be considered a fault, if the player who hits the net is not attempting to play the ball. This should encourage continuation of the rallies by not penalising accidental touching of the net. If a player holds onto the net consciously or otherwise – a player warning is given. Any subsequent touches by that player will result in a loss of possession by that team, or a point advantage to the opposing team if they are serving.
- The ball cannot have contact with any nets when being served. The ball cannot hit the ceiling net as it passes over the net during a rally.
- All nets can be used in general play, except when serving the ball, or contact with the top net when it is returned over the centre net to the oppositions side of the Court, this is deemed a foul.
- A block at the centre net is not included as part of the three hits.
- The blocking player is entitled to play at the ball again on the consecutive shot.
- Two hands must be used to be called a block.
- Any player may not reach over the net when the ball is in play.
- If the umpire deems a player has reached over the net during play, the player will be fouled.
- Serve: All general rules apply to the serve except that players may serve directly from the hand (i.e., the ball does not have to come off the hand into the air to be hit).

5. FOULS

- The ball touches the ground
- Team plays the ball more than three times in succession
- The ball touches a player below the waist
- A player touches the ball twice consecutively (except on a block)
- A player touches the centre net when attempting to play the ball.
- The ball touches the top net (except when setting to your own player)
- A player blocks or spikes the ball back over the net off the serve
- The ball does not pass over the net on the serve
- The umpire calls a carry
- A player interferes with an opponent's player
- A player intimidates an opponent or abuses another player
- The serve is made from outside the serving area
- A player kicks the ball
- A player attacking or defending reaches over the net
- A player abuses the umpire

6. POINTS AND SERVICE

- If the serving team wins a rally, it scores a point and continues to serve.
- If the receiving team wins a rally, it scores a point and it must serve next.
- Each server can only serve five (5) times in succession before the serving team is required to rotate one position to continue serving with a new player. (Team retains the serve but changes the server).
- Teams change ends at the end of each set.

In addition, a sin bin rule: 5 minutes for minor offences. Refer 11.4.3.

The team listed first on the fixture is to provide the match ball.

SUBSTITUTES

As stated above.

SCORING AND SCORECARDS

1. The set playing periods completed at the call of time shall constitute the match. The final match result will be determined by the total points won.
2. Points & Service: If the serving team wins a rally, it scores a point and continues to serve; if the receiving team wins a rally, it scores a point and must serve next.
3. The team that wins the total number of points wins the match.
4. Scorecards are to be signed by the umpires and captains of each team at the conclusion of the fixture. It is assumed that scoring discrepancies are settled immediately at the conclusion of the fixture. Umpires are to coordinate scorecards and ensure they concur at each break. Results reported to the ACC office are considered final.

FINALS

Finals matches are played based on the ladder position at the end of the round robin.

1st place team v's 2nd placed team at the 1st placed team venue (unless otherwise agreed)

3rd place team v's 4th placed team at the 3rd placed team venue (unless otherwise agreed)

All games must finish by 5:15pm with no extra time for both summer and winter competitions. If teams draw, the highest on the ladder wins. All coaches and teams are expected to stay at venues for presentations.

Presentations to begin at 5:15pm promptly. **Bus companies are to be notified to pick up at 5:30pm not 5:15pm.** Each venue is to hold a presentation hosted by the Principal (or senior management when the Principal is not available) of the host school. Premiership Pennants will be distributed to host schools for presentations to premiers. Third and Fourth place teams to be acknowledged.

Results should be sent to the ACC office within 24 hours.

Appendix 5

TO "Northern Associated Schools"

SUMMER SPORT - TOUCH (BOYS AND GIRLS)**TEAMS**

Teams are to consist of six (6) players with an unlimited number of interchange players. Subs made via the coach not the umpire. Minimum number of players is five (5).

DRESS

Players are to dress in school sports uniform.

START TIME

All games to begin at 4.00 pm.

DURATION OF PLAY

All games played in term 1 are to consist of four (4) x ten (10) minute quarters with a three (3) minute break between each quarter and a five (5) minute break between halves. All other matches played in term 2 are to consist of two (2) x twenty (20) minute halves with a five (5) minute break between halves.

RULES

The rules of the WA Touch Association rules will apply except as stated otherwise in this document. WA Touch rules are available for download at: http://www.foxsportspulse.com/assoc_page.cgi?client=1-704-0-0-0

SUBSTITUTES

Substitutes are to be made via the referee.

EQUIPMENT

The home team is to have suitably sized markers of a distinguishing colour and made from a safe and pliable material, which are to be positioned at the intersection of sidelines and score lines (total of six (6) markers).

In addition, a sin bin rule: 5 minutes for minor offences.

The team listed first on the fixture is to provide the match ball.

SCORECARDS

Scorecards are to be signed by the referee and captains at the conclusion of the fixture. It is assumed that scoring discrepancies are settled immediately at the conclusion of the fixture and that results reported to the ACC office are final.

Year 7 Mixed Touch

Scores will be sent to the ACC by Touch Football WA and entered into the iScore system by the NAS facilitator.

TIMERS AND SCORERS

Scorers from opposing teams **must sit together** for the duration of the game.

SUBSTITUTES

Substitutes are to be made via the referee.

FORFEITS

Should any team forfeit a match full points for a win (4 points) and 10 points to nil (10 - 0) shall be credited to the opposing team. Ten points shall be debited against the team forfeiting. Teams forfeiting receive 0 points.

FINALS

Finals matches are played based on the ladder position at the end of the round robin.

1st place team v's 2nd placed team at the 1st placed team venue (unless otherwise agreed)

3rd place team v's 4th placed team at the 3rd placed team venue (unless otherwise agreed)

All games must finish by 5:15pm with no extra time for both summer and winter competitions. If teams draw, the highest on the ladder wins. All coaches and teams are expected to stay at venues for presentations.

Presentations to begin at 5:15pm promptly. **Bus companies are to be notified to pick up at 5:30pm not 5:15pm.** Each venue is to hold a presentation hosted by the Principal (or senior management when the Principal is not available) of the host school. Premiership Pennants will be distributed to host schools for presentations to premiers. Third and Fourth place teams to be acknowledged.

Results should be sent to the ACC office within 24 hours.

Appendix 6

Summer SPORT – ULTIMATE FRISBEE

“Spirit of the Game”

Unique to Ultimate, and central to individual and team conduct, is the underlying Spirit of the Game, which embodies the sportsmanship which has sadly been lost from other sports. Players undertake to be competitive but fair and truthful, physical but careful, intense but friendly and courteous.

Specific Conditions of Play And Rules

TEAMS

Two teams of five players (5) plus substitutes.

Maximum team size is ten (10) players.

Minimum team size is 4 players.

DRESS

Players are to be dressed in school sports uniform.

START TIME

All Fixtures are to start at 4:00pm. To fulfill this requirement some schools may have to leave class early to ensure they arrive at the away venues in time for a 4:00pm start.

DURATION OF PLAY

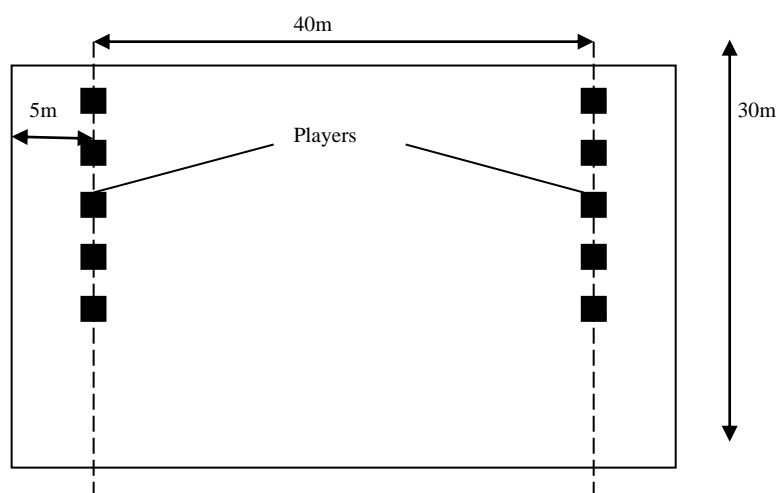
Games are to consist of two (2) x 20-minute halves, with a 5-minute changeover at half time.

RULES

Ultimate is a fast, free flowing game that combines elements of netball, soccer, gridiron and touch rugby. The basic idea of the game is very simple. The aim is for the team with the Frisbee to pass it up the field without dropping it and catch it in an end zone, which scores a point. The other team tries to intercept the disc or knock it down. The sport is non-contact and teams will be boys and girls only; NOT mixed gender. The other important aspect of Ultimate is that there are **NO REFEREES**. The players are trusted to make all decisions by themselves. Schools are to ensure a competent teacher/coach monitors the game/students.

FIELD

Ultimate is usually played on an approximately half-width football field, with two teams of five players (plus substitutes) lining up against each other. However, any size field can be used depending on space available, and a good game can be had with as few as four players a side. Cones are generally used to mark the corners of the zones and the sidelines. The diagram below displays the size field NWAS will use for their games with 5 per team. This is minimum size. The maximum size allowed is 50m with 2 x 5m end zones.



Quick Rules

- There is no running with the frisbee. The frisbee can only be moved up the field by passing it. When a player catches the disc they must establish a “pivot” foot before throwing, a little like basketball.
- The person with the frisbee has 10 seconds to throw. A defensive team member marks them and counts out loud, “stalling...one...two...three...”

- No physical contact is allowed between players. Contact results in a foul. In practice, small amounts of accidental contact are usually tolerated.
- A “turnover” occurs when the frisbee hits the ground, goes out of bounds, is dropped or intercepted. Unlike touch football, if the frisbee is knocked down, the team that last **held** the frisbee loses it, regardless of who knocks it down. The defensive team takes possession of the disc at that point and becomes the offensive team.
- **Unlimited substitutions** are allowed between points, although none during points.
- 2m minimum pass distance.
- 20m maximum pass distance.
- 2m spacing on defence
- If a player drops the disc or causes a turnover in their defensive end zone a touchdown/point will be awarded and play will restart.

Fouls

Players call their own fouls when rule violations or contact occurs - there are no referees. A player disagreeing with a foul call can usually “contest” (dispute) the call, in which case the play is redone and the disc returned to the thrower. Players endeavour to be fair in their calls, so calls are rarely contested. Teachers will be present to help supervise the game.

SCORING

To start a point, the defending team “pulls” (throws) the disc from their end zone to the offensive team, who stand in the opposite end-zone. The object of the game is for a team to connect passes down the field until the disc is caught in their opponents’ end zone, scoring one point. Teams change ends at the end of each point.

Results reported are considered final - scoring discrepancies must be settled by both team's coaches/managers and captains before scorecards are signed.

[Appendix 7](#)

TO "Northern Associated Schools"

WINTER SPORTS - FOOTBALL (BOYS)**TEAMS**

If possible, all schools will try to field fifteen (15) players with an unlimited number of interchange players. Should a team be unable to find 15 players, the opposition school will adjust their team size to balance the number of players.

DRESS

Players must wear numbered school football jumpers, uniform shorts and socks. Tracksuits are NOT acceptable items to be worn during games. In extreme adverse climatic conditions, the coaches can convene and, if agree, tracksuit tops may be worn, but NOT bottoms. ***Mouth guards are mandatory for all players.***

START TIME

4.00 pm

DURATION OF PLAY

Games will consist of two (2) twenty five (25) minute halves with no time on. The half time break will be of five (5) minutes duration. There are no "time on's".

A minimum of 15 minutes per half constitutes 'full-time' for a game result.

RULES (QUALIFYING FIXTURES)

Rules are in accordance with the Australian Football League rules.

The central umpire/s has/have the authority to send players off the ground for whatever reason deemed necessary. If a player has been sent off, **he is not to return to the field** of play for the duration of the game. An interchange player **may not** replace him. Bad language, argument and undue rough play are of particular concern.

The umpire should inform the coach for the reason of the sendoff at the next formal break in play. The umpire is to make a written report on the incident and supply a copy to both Sports Coordinators who will take appropriate action.

[REFER ITEM 11.3.2. "SEND OFF RULE"](#)

Sin bin rule: 5 minutes for minor offences. Refer 11.4.3.

INTERCHANGE

As described above.

Opposing coaches are to frequently check on the opposition's number of on field players. If a discrepancy occurs, that coach should immediately bring the matter to the attention of the umpire, possibly via the boundary umpire who is in possession of a whistle.

EQUIPMENT

The home team is to supply the ball - Year 7 & 8 (size 4 ball); Year 10 (size 5 ball). A school regulation size ball is to be used for all other age groups.

Mouth guards are mandatory for all players.

UMPIRES

The Central Umpire/s must be correctly attired in white and be in possession of a "finger hold" whistle.

The Sports Coordinator must be satisfied that the Central Umpire is capable of maintaining control of the game where aggression and body contact are imminent.

The Goal Umpires (one supplied by each team) must wear a white coat (buttoned up) and be in possession of two white flags and scorecard and pen.

The Boundary Umpires (one supplied by each team - preferably two) must wear a white top and shorts and be in possession of a "finger hold" whistle.

Timekeepers must be supplied from each team and be supplied with a timing device and siren.

Refer to section 11.3.1 "Umpires and Referees".

SCORECARDS

It is critical that the Central Umpire/s and both goal umpires confer and coordinate progressive and final scores at EACH break.

Scorecards are to be signed by the umpire/s and captains or coach of each team at the conclusion of the fixture. It is assumed that scoring discrepancies have been settled at each break and that results reported to the ACC office are final.

FORFEITS

Should any team forfeit a match, full points for a win (4 points) and 80 points to nil (80 – 0) shall be credited to the opposing team. Eighty points (80) shall be debited against the team forfeiting. Teams forfeiting receive 0 points.

FINALS

Finals matches are played based on the ladder position at the end of the round robin.

1st place team v's 2nd placed team at the 1st placed team venue (unless otherwise agreed)

3rd place team v's 4th placed team at the 3rd placed team venue (unless otherwise agreed)

All games must finish by 5:15pm with no extra time for both summer and winter competitions. If teams draw, the highest on the ladder wins. All coaches and teams are expected to stay at venues for presentations.

Presentations to begin at 5:15pm promptly. **Bus companies are to be notified to pick up at 5:30pm not 5:15pm.** Each venue is to hold a presentation hosted by the Principal (or senior management when the Principal is not available) of the host school. Premiership Pennants will be distributed to host schools for presentations to premiers. Third and Fourth place teams to be acknowledged.

Results should be sent to the ACC office within 24 hours.

Appendix 8

TO "Northern Associated Schools"
 WINTER SPORTS - **FLOORBALL (UNIHOC) - MIXED**

SPECIFIC CONDITIONS OF PLAY AND RULES

TEAMS

Teams are to consist of six (6) players, five (5) field players and a goalie, with an unlimited number of interchange players. Minimum of four (4) players. A maximum of three (3) males per team on court at any time.

DRESS

Players are to be dressed in school PE tops, shorts or skirts and socks. Tracksuits are NOT acceptable items to be worn during games. In extreme adverse climatic conditions, the coaches can convene and, if agreed, tracksuit tops may be worn, but NOT bottoms. In addition, only Goalkeepers in floorball may wear tracksuits or part thereof. **Mouth guards are highly recommended for all players.**

START TIME

4.00 pm

DURATION OF PLAY

Games are to consist of two (2) x twenty (20) minute halves with a 5 minute break at half time.

Games are to finish at 5.15pm.

In the event of an unscheduled reduction in time available to play, the halves are to be reduced accordingly, with strict adherence to the 5.15pm finish time.

A minimum of 15 minutes per half constitutes 'full-time' for a game result.

UMPIRES

Floorball WA in conjunction with the Revolutions Sports Centre will provide umpires for the NAS Floorball competition. Each school will be invoiced for the cost of umpires.

BASIC RULES OF FLOORBALL (QUALIFYING FIXTURES)

Games will be played to IFF standards except as otherwise stated below. International Floorball rules can be located at www.floorball.org

NAS Floorball Rules:

- The game is simple: the object is to score a goal in the opponent's goal using the Floorball stick.
 - The game is played on a rectangular rink which should be 40m x 20m. *The smallest rink allowed is 36m x 18m, and the largest is 44m x 22m. (see below for rink dimensions and markings)*
 - The rink should be enclosed by a board.
 - A centre line and a centre spot shall be marked.
 - Four corner spots should be marked (1.5m from the side and 3.5m for the end line).
 - Goal creases measuring 4m x 5m shall be marked 2.85m from the short sides of the rink.
 - Goalkeeper areas measuring 1m x 2.5m shall be marked 0.65m in front of the rear limits of the goal creases.
1. The game is played with 5 field players and a goalie. Substitutions can be made at any time (except for a penalty shot), substitution players may not come onto the rink until the other player has left the rink.
 2. Game is played in 2 x 20 minute halves with a 5 min ½ time break. Teams switch ends for each half.
 3. Face-off: play commences at the start of the match and after a goal is scored with a face-off. Two opposing players face each other on opposite sides of the centre line with sticks next to the ball and on the ground. On the whistle, face off players attempt to play the ball. At face-off all team members stand behind the ball in their defensive half.
 4. The goalie can play with or without a stick. If the goalie chooses to play with a stick they will be bound by standard Floorball rules for field players. *If the goalie chooses to play without a stick then they must wear face and body protection.*
 5. The goalie (if playing without a stick) must not hold the ball for more than 3 seconds and when throwing the ball, it must hit the floor before passing the centre line. Field players cannot pass back to the goalie if they are playing without a stick.
 6. If the ball goes out of the rink/side boundary the other team continues play with a free hit 1 metre away from the spot the ball went out. If the ball goes out over the back/end line, the other team continues from the corner spot. However as far as possible the ball will continue to be in play even after hitting the perimeter walls or objects unless the referee decides otherwise due to safety or other reasons.
 7. When given a free hit the opponent must be at least 3 metres away from the ball including sticks.
 8. The ball may be kicked, but not more than once and not to a team mate

9. The ball must not be played with the hands or head
10. The ball may be played from the air if it is below knee level
11. You are not allowed to:
 - Hold, check, block or trip an opponent
 - hit, block, lift, push down or kick an opponent's stick

RULES (PLAY-OFFS AND INTERZONE FINALS)

Games to consist of two (2) x thirty (30) minute halves, with a five (5) minute changeover at half time.
Normal scoring rules apply.

INTERCHANGE

Interchanges can be made at any time (except for a penalty shot). Substitution players may not come onto the rink until the other player has left the rink.

EQUIPMENT

- The home team is to provide the match ball.
- Alloy hockey sticks are not permitted.
- Goalkeepers may wear face and body protection.
- The goalie can play with or without a stick. If the goalie chooses to play with a stick they will be bound by standard Floorball rules for field players. If the goalie chooses to play without a stick then they must wear face and body protection.
- *Shin pads and mouth guards are highly recommended.*

SCORECARDS

Scorecards are to be signed by the umpire/s and captains or coaches at the conclusion of the fixture. It is assumed that scoring discrepancies are settled immediately at the conclusion of the fixture and that results reported to the ACC office are final.

FORFEITS

Should any team forfeit a match full points for a win (4 points) and 10 goals to nil (10 – 0) shall be credited to the opposing team. Ten goals (10) shall be debited against the team forfeiting. Teams forfeiting receive 0 points.

FINALS

Finals matches are played based on the ladder position at the end of the round robin.

1st place team v's 2nd placed team at the 1st placed team venue (unless otherwise agreed)

3rd place team v's 4th placed team at the 3rd placed team venue (unless otherwise agreed)

All games must finish by 5:15pm with no extra time for both summer and winter competitions. If teams draw, the highest on the ladder wins. All coaches and teams are expected to stay at venues for presentations.

Presentations to begin at 5:15pm promptly. **Bus companies are to be notified to pick up at 5:30pm not 5:15pm.** Each venue is to hold a presentation hosted by the Principal (or senior management when the Principal is not available) of the host school. Premiership Pennants will be distributed to host schools for presentations to premiers. Third and Fourth place teams to be acknowledged.

Results should be sent to the ACC office within 24 hours.

Appendix 9

TO "Northern Associated Schools"
WINTER SPORTS - SOCCER (BOYS & GIRLS)

SPECIFIC CONDITIONS OF PLAY AND RULES**TEAMS**

Teams are to consist of eleven (11) players with an unlimited number of interchange players. Minimum number of seven (7) players.

DRESS

Players are to dress in uniform soccer tops, shorts and socks. Tracksuits are NOT acceptable items to be worn during games. In extreme adverse climatic conditions, the coaches can convene and, if agreed, tracksuit tops may be worn, but NOT bottoms. In addition, only Goalkeepers in soccer may wear tracksuits or part thereof.

START TIME

4.00 pm

DURATION OF PLAY

Games are to consist of two (2) x thirty (30) minutes halves with five (5) minute changeover at half time. In the event of an unscheduled reduction in the time available to play, the halves are to be reduced accordingly, with strict adherence to the 5.15pm finish time. A minimum of 15 minutes per half constitutes 'full-time' for a game result.

RULES (QUALIFYING FIXTURES)

Rules are in accordance with the Australian Soccer Federation.

In addition, a sin bin rule: 5 minutes for minor offences. Refer 11.4.3.

RULES (PLAY-OFFS)

Games are to consist of two (2) x twenty-five (25) minute halves with a 4 minute changeover at half time for Year 8 and 9 teams. Year 10, 11/12 games are to consist of two (2) x thirty (30) minute halves with a 4 minute changeover at half time. Normal rules apply.

SUBSTITUTES

Substitutes are to be made via the umpire. Interchange rules are to apply to support the philosophy of participation.

EQUIPMENT

All players must wear shin pads. It is highly recommended that players wear mouth guards.

Yr 7-8: size 4 ball

Yr 9-12: size 5 ball

The home team is to have corner flags in place (corner flags are an important aid in determining "off side"). Nets are to be used wherever possible. Each team is to provide a linesman who is in possession of a flag. Linesman may be competent students but not team members or reserves. The home team is to provide a referee.

SCORECARDS

Scorecards are to be signed by the referee and captains or coaches at the conclusion of the fixture. It is assumed that scoring discrepancies are settled immediately at the conclusion of the fixture and that results reported to the ACC office are final.

FORFEITS

Should any team forfeit a match full points for a win (4 points) and 4 goals to nil (8–0) shall be credited to the opposing team. Eight goals (8) shall be debited against the team forfeiting. Teams forfeiting receive 0 points.

FINALS

Finals matches are played based on the ladder position at the end of the round robin.

1st place team v's 2nd placed team at the 1st placed team venue (unless otherwise agreed)

3rd place team v's 4th placed team at the 3rd placed team venue (unless otherwise agreed)

All games must finish by 5:15pm with no extra time for both summer and winter competitions. If teams draw, the highest on the ladder wins. All coaches and teams are expected to stay at venues for presentations.

Presentations to begin at 5:15pm promptly. **Bus companies are to be notified to pick up at 5:30pm not 5:15pm.** Each venue is to hold a presentation hosted by the Principal (or senior management when the Principal is not available) of the host school. Premiership Pennants will be distributed to host schools for presentations to premiers. Third and Fourth place teams to be acknowledged.

Results should be sent to the ACC office within 24 hours.

Appendix 10*TO "Northern Associated Schools"***WINTER SPORTS - NO LIMITS INTEGRATED SOCCER (MIXED)****SPECIFIC CONDITIONS OF PLAY AND RULES****AIM:**

The intent of the NAS NO Limits – Integrated Futsal competition is to provide the students with an “inclusive” sporting opportunity as part of NAS Sport. The game will be an integrated playing model with able bodied/skilled students playing alongside students with a disability or those physically or cognitively challenged. The game should be a learning process for both groups of students with the emphasis on fun and participation, rather than a must win approach. The games should be played as “real” as possible and still be competitive with scores kept.

Roles:**Able bodied/skilled students:**

- To use their skills and game sense to play alongside SWD’s and use their abilities to bring the SWD’s into the game and help the SWD’s to improve their skills and game sense.
- The able bodied students will have an important mentoring and on-field coaching role as well as the usual role of a player in the game.

SWD or physically or cognitively challenged players:

- To be provided an opportunity to develop their skills, game sense and confidence in an inclusive, safe and non-threatening environment.
- To develop better relationships with their able bodied peers and through a shared game experience assist their able bodied peers to gain a better understanding of the challenges faced by people with a disability.

Supervising Coach/Teacher:

- To facilitate the game experience so that both groups of students are provided equal opportunity to develop their physical and inter personal skills through a game experience.
- To ensure that able bodied students understand their role as one of a playing mentor/coach to assist the SWD’s to develop their skills and game competence.
- The Supervising Coach/Teacher has to ensure that fun, participation and inclusion are the key elements to the game.
- To ensure that the referee and able bodied players understand that in the event of a one sided contest that steps will be taken to even up the contest in a subtle way.

Referee:

- Must be aware that the game is a development and learning process for all players and inclusion, fun and participation are the most important outcomes.
- Ensure that supervising coaches/teachers, referees and captains meet briefly pre game to discuss rules and emphasize inclusive philosophy.
- To ensure that in the event of a one sided contest that supervising coaches/teachers take steps to even up the contest in a subtle way, even if this means changes to the standard playing rules of the sport.

TEAMS

Teams are to consist of six (6) players with a maximum of three (3) interchange players. Minimum number of five (5) players.

Students may be of any age Year 7-12

Ratio of Inclusive students to mainstream is 4:2 (on field). However, schools can have a 3:3 integrated player ratio

Teams are to have mixed gender (if possible).

DRESS

As per Winter NAS Soccer Sports-Charter

START TIME

4.00 pm with warm-up activities conducted by staff from Fox Football Five.

Game commences at 4:20pm

VENUE

FOX Football Fives- 39 Chandler Avenue, Floreat

Tony Stewart-Fox Football Five

email: stewarttony4@gmail.com

email: manager@foxfootballfives.com.au

0407 131 166

DURATION OF PLAY

Games are to consist of two (2) x fifteen (15) minutes halves with five (5) minute changeover at half time.

Referees will be supplied by Venue (Fox Football Fives). One per field.

In the event of an unscheduled reduction in the time available to play, the halves are to be reduced accordingly, with strict adherence to the 5.15pm finish time.

A minimum of 10 minutes per half constitutes 'full-time' for a game result.

RULES (QUALIFYING FIXTURES)

- Rules are in accordance with the Fox Football Five Rules.
- ACC Integrated will play with 6 players and a minimum of 5 <https://www.foxfootballfives.com.au/rules>
- All teams must take the field with five players and one goalkeeper
- Mixed teams must take the field with a minimum of two female outfield players. Either gender is allowed in goals
- Teams can make unlimited substitutions throughout the match
- Kick offs will be taken from half way
- No slide tackles
- No offside
- No out of bounds, ricocheting the ball off perimeter fencing is allowed and remains in play
- No corners
- Heading is permitted
- Players can enter and score in the goalkeeper's area
- The Goalkeeper can pick up the ball at any time in the goal area
- If the ball touches any part of the side of the net (behind the goalkeeper) the ball automatically goes to the goalkeeper for a play restart
- Goalkeepers can come outside of their goal square, but cannot use their hands when outside the square
- Goalkeepers can pass the ball out with their feet or throw it out with their hands, the throw must be underarm only
- Goalkeepers may not pick the ball up if it has been passed to them from a team mate
- Goalkeepers cannot kick the ball out of their hands
- Goalkeepers must pass or release the ball within 6 seconds
- If the ball touches any part of the side of the net (behind the goalkeeper) the ball automatically goes to the goalkeeper for a play restart. However, any deliberate pass into the side of the goals by a defender is treated as a pass back to the goalkeeper.
- No pushing or grinding other players into the perimeter boards/fencing
- Serious fouls/on field incidents will be punishable by yellow and red cards
- In the event of a penalty, the penalty taker can only take one step before striking the ball
- In the event of a penalty, the goalkeeper must remain on their goal line
- Maximum of 3 substitute players per team
- In the event of a free kick, opposing players must stand a minimum of 2 metres away from player taking free kick
- Goals can be scored from anywhere on the field of play
- In addition, a sin bin rule: 5 minutes for minor offences. Refer 11.4.3.

SUBSTITUTES

Substitutes are to be made via the umpire.

Interchange rules are to apply to support the philosophy of participation.

EQUIPMENT

All players must wear shin pads. It is highly recommended that players wear mouthguards.

Ball Size: 5

Field Dimensions: 37m x 18m

SCORECARDS

Coaches are to declare and sign for the penalty uniform point. Scorecards are to be signed by the referee and captains or coaches at the conclusion of the fixture. It is assumed that scoring discrepancies are settled immediately at the conclusion of the fixture and that results reported to the ACC office are final.

Scores are to be entered in iScore. Results will not affect NAS Tally of Placings

FORFEITS

Should any team forfeit a match full points for a win (4 points) and 8 goals to nil (8 – 0) shall be credited to the opposing team. Eight goals shall be debited against the team forfeiting. Teams forfeiting receive 0 points.

FINALS

As per NAS Soccer (p35)

Appendix 11

*TO "Northern Associated Schools"
WINTER SPORT - NETBALL (GIRLS)*

SPECIFIC CONDITIONS OF PLAY AND RULES

TEAMS

Teams are to consist of seven (7) players with unlimited substitute players. Minimum of five (5) players.
Schools field 2 teams each per year group **graded A then B.**

DRESS

Players are to wear sports uniforms (which may include shorts if they are an official part of the sanctioned uniform of that school) and lettered bibs. Tracksuits are NOT acceptable items to be worn during games. In extreme adverse climatic conditions, the coaches can convene and, if agreed, tracksuit tops may be worn, but NOT bottoms. In addition, only Goalkeepers in hockey and soccer may wear tracksuits or part thereof.

EQUIPMENT

It is highly recommended that players wear mouthguards.

START TIME

4.00 pm

DURATION OF PLAY

Games are to consist of four (4) x twelve (12) minute quarters with a 3 minute changeover at quarter and three quarter time and a 5 minute changeover at half time. A reduction in time to two halves is to occur, if the game has not commenced by 4.20 pm; the length of $\frac{1}{2}$'s is determined by the amount of remaining time. A minimum of four (4) x eight (8) minute quarters constitutes 'full-time' for a game result.

RULES (QUALIFYING FIXTURES)

Rules are in accordance with the Western Australian Netball Association. In the circumstance where dual (wrap around netball and basketball) goals are a permanent fixture of the court, ricocheted goals are to be considered "out of play", as is the case when the ball rebounds into court. In addition, a sin bin rule: 5 minutes for minor offences. Refer 11.4.3.

RULES (PLAY-OFFS)

Games are to consist of four (4) x twelve (12) minute quarters with a 3 minute changeover at quarter and three quarter times and a 5 minute changeover at half time.

SUBSTITUTES

Inform opposition of any substitutions. Umpires do not need to be told. Substitutions can only be made at the end of each quarter. Players may be interchanged when injured. Interchange rules are to apply to support the philosophy of participation.

SCORECARDS

corecards are to be signed by the umpires and captains of each team at the conclusion of the fixture. It is assumed that scoring discrepancies are settled immediately at the conclusion of the fixture. Umpires are to coordinate scorecards and ensure they concur at each break. Results reported to the ACC office are considered final.

TIMERS AND SCORERS

Timers and scorers from opposing teams **must sit together** for the duration of the game.

FORFEITS

Should any team forfeit a match full points for a win (4 points) and 30 goals to nil (30 – 0) shall be credited to the opposing team. Thirty goals shall be debited against the team forfeiting. Teams forfeiting receive 0 points.

FINALS

Finals matches are played based on the ladder position at the end of the round robin.

1st place team v's 2nd placed team at the 1st placed team venue (unless otherwise agreed)

3rd place team v's 4th placed team at the 3rd placed team venue (unless otherwise agreed)

All games must finish by 5:15pm with no extra time for both summer and winter competitions. If teams draw, the highest on the ladder wins. All coaches and teams are expected to stay at venues for presentations.

Presentations to begin at 5:15pm promptly. **Bus companies are to be notified to pick up at 5:30pm not 5:15pm.** Each venue is to hold a presentation hosted by the Principal (or senior management when the Principal is not available) of the host school. Premiership Pennants will be distributed to host schools for presentations to premiers. Third and Fourth place teams to be acknowledged.

Results should be sent to the ACC office within 24 hours.

Appendix 12**TO "Northern Associated Schools"***WINTER SPORT - BADMINTON (BOYS AND GIRLS – SEPARATE COMPETITIONS)***TEAMS**

Teams consist of four (4) players made up of two (2) pairs with an unlimited number of substitutes. Minimum number of players is four (4). In junior teams the team must be filled by Yr 9's before using Yr 8's.

DRESS

School sport uniform.

START TIME

All games to begin at 4.00 pm.

DURATION OF PLAY

Games are to be made up of 2 rounds with 2 games in each round – a total of 4 games.

[1v1 1v2]
[2v2 2v1]

- Each game consists of 25 minutes. Five minutes for changeover to next court/pairings.
- 4:00 - 4:25pm: Team A Pair 1 v Team B Pair 1 / Team A Pair 2 v Team B Pair 2
- 4:30 - 4:55pm: Team A Pair 1 v Team B Pair 2 / Team A Pair 2 v Team B Pair 1
- Games are played to time not points.
- Games are to finish by 5.15 pm.

RULES

The rules of the WA Badminton Association will apply except as stated otherwise in this document. WA Badminton rules are available for download at: <http://www.intbadfed.org/>

In addition, a sin bin rule: 5 minutes for minor offences.

The team listed first on the fixture is to provide new shuttlecocks.

SCORING

Points & Service:

- Points can only be won off service.
- At the start of the game and each time a side gains the right to serve, the services shall be delivered from the right service court.
- At the conclusion of time (25 minutes) the team with the most points wins the game. A draw can occur.

Schools which have won the most games wins the rubber. Games and points for both schools must be totaled and recorded on the scorecard e.g. Servite 3 d Chisholm 1 (121 – 117). In the event of a tie in the number of games, points will determine the result.

Schools must have 2 complete pairs for a real match to take place.

In addition, a sin bin rule: 5 minutes for minor offences.

Each home school to supply NEW shuttle cocks (plastic) and have some in reserve for each fixture. They must be the same type and speed for all games.

SCORECARDS

Scorecards are to be signed by the umpires and captains of each team at the conclusion of the fixture. It is assumed that scoring discrepancies are settled immediately at the conclusion of the fixture. Umpires are to coordinate scorecards and ensure they concur at each break. Results reported to the ACC office are considered final.

TIMERS AND SCORERS

Scorers from opposing teams **must sit together** for the duration of the game. Home team is to supply a timer.

FORFEITS

Should any team forfeit a match full points for a win (4 points) and 4 games, 60 points to nil (4 – 0, 60 - 0) shall be credited to the opposing team. 4 games shall be debited against the team forfeiting. Teams forfeiting receive 0 points.

FINALS

Finals matches are played based on the ladder position at the end of the round robin.

1st place team v's 2nd placed team at the 1st placed team venue (unless otherwise agreed)

3rd place team v's 4th placed team at the 3rd placed team venue (unless otherwise agreed)

All games must finish by 5:15pm with no extra time for both summer and winter competitions. If teams draw, the highest on the ladder wins. All coaches and teams are expected to stay at venues for presentations.

Presentations to begin at 5:15pm promptly. **Bus companies are to be notified to pick up at 5:30pm not 5:15pm.** Each venue is to hold a presentation hosted by the Principal (or senior management when the Principal is not available) of the host school. Premiership Pennants will be distributed to host schools for presentations to premiers. Third and Fourth place teams to be acknowledged.

Results should be sent to the ACC office within 24 hours.

Appendix 13**WINTER SPORT - VOLLEYBALL (BOYS AND GIRLS)****TEAMS**

Teams consist of six (6) on court players with up to six (6) substitutes. Minimum number of players is four (4). The home team is responsible for providing the umpire.

DRESS

School sport uniform. Tracksuits may be worn in Volleyball but the correct uniform rule will be all team members in track pants or no team members in track pants. In extreme adverse climatic conditions, the coaches can convene and, if agreed, tracksuit tops may be worn, but NOT bottoms. In addition, only Goalkeepers in hockey and soccer may wear tracksuits or part thereof.

EQUIPMENT

Yr 10-12 girls and Yr 10-12 boys standard size ball

START TIME

Senior one day carnival – First Round 9.30am

DURATION OF PLAY

Games are to be contested over 3 x 15 minutes of play (5 minute break between) for all Years. A minimum of 3 x 10 minutes will constitute a game.

Games are to finish by 5.15 pm.

RULES

Points & Service:

Each server can only serve five (5) times in succession before the serving team is required to rotate one position to continue serving with a new player. (Team retains the serve but changes the server).

In addition, a sin bin rule: 5 minutes for minor offences. Refer 11.4.3.

The team listed first on the fixture is to provide the match ball.

SUBSTITUTES

As stated above.

SCORING AND SCORECARDS

5. The set playing periods completed at the call of time shall constitute the match. The final match result will be determined by the total points won.
6. Points & Service: If the serving team wins a rally, it scores a point and continues to serve; if the receiving team wins a rally, it scores a point and must serve next.
7. The team that wins the total number of points wins the match.
8. Scorecards are to be signed by the umpires and captains of each team at the conclusion of the fixture. It is assumed that scoring discrepancies are settled immediately at the conclusion of the fixture. Umpires are to coordinate scorecards and ensure they concur at each break. Results reported to the ACC office are considered final.

TIMERS AND SCORERS

Scorers from opposing teams **must sit together** for the duration of the game.

FORFEITS

Should any team forfeit a match full points for a win and 80 points shall be credited to the opposition team. Teams forfeiting receive 0 points.

FINALS

N/A for this sport as the competition format is a one day carnival. Final placings will be determined by the ladder at the end of the day.

Appendix 14

To "Northern Associated Schools"
NAS VENUES 2019

For current venues please check the ACC website

<http://www.accsport.asn.au/interschool-sport/nas/venues-test>

SPORTS INJURIES DOCUMENT

<http://www.accsport.asn.au/acc-information/policies> As ratified by Council at 31 August 1995.

Appendix 15

TO "Northern Associated Schools"
INSTRUCTIONS TO UMPIRES/REFEREES

Prior to Game

- Uniform: Before the start of play check that all players are attired in the correct uniform for that sport. The team that does not have a correctly attired side will be penalized a uniform point. The coach of the incorrectly attired team should call the point. If this does not happen then the umpire must call a penalty point against the incorrectly attired team. A team may play with fewer players if they do not wish to forfeit.
- Ensure both teams have timekeepers; timing pieces, scorecards and pens, and that they are located in close proximity to one another.
(For football - ensure that goal umpires compare scores at each break.)
- Meet both teams in centre of court/field/oval where they line up apposite each other and shake hands.
- Briefly explain specific rules of note.
- Conduct toss of coin for direction of play.
- In case of inclement weather conduct the 'prior to game' instructions in the most practical and convenient manner possible.

The Game

- To enforce the rules of the game.
- To encourage a sense of discipline and cooperation whilst the game is in progress.
- To verbally recognize good play and issue correction as necessary.

On ground procedures.

- Players sent off, will be off for the rest of the game.
- *Stop the game*
- Bring all the players to a central point (including the player to be sent off). Explain the reason for send off.
- *During a Break*
- Discuss the player. Establish an appropriate situation to make the explanation. Explain the reason for the send off to the coach/manager and player at the first convenient break.

Post Game

- Direct 3 cheers to each team.
- Check and sign both scorecard.
- Ensure both scorecards agree to the same score.

NB: The coach is the key to a team's behaviour on and off the field.

Appendix 16TO "Northern Associated Schools"
GAME PROCEDURES AND ETIQUETTE

A. TEAMSMANSHIP:

- To support fellow team members by participating to full capacity.
- To be suitably attired in the appropriate school sporting uniform.
- To promote worthy competition without losing the aspect of enjoyment of participation in a friendly atmosphere.
- To respect the opposition's involvement as individuals and a team.
- To encourage fair play by abiding with umpiring decisions.
- To assist team managers and coaches by offering organizational assistance where possible.
- To take heed of my school's ethos while participating.

B. PROCEDURE:

- To assist in the preparation of venues for the fixtures.
- Captains and Vice Captains to meet the opposing teams on their arrival and advise them of facility location in addition to specific information regarding the fixture when necessary.
- To cater for the needs of opposing players as occasions arise.
- To encourage social interaction.

Appendix 17

To "Northern Associated School"

NAS FIXTURES 2022**For current fixtures please check the ACC website**<http://www.accsport.asn.au/interschool-sport/nas/fixtures>**NAS SENIOR ONE DAY CARNIVAL DETAILS****Term 1 Senior One Day Carnival: Wednesday 16 March 2022 (Week 7)**

Venue	Gender	Sport	Players on Court / Field	Max Team Squad Size	Game Length
Warwick Stadium	Boys & Girls	Basketball	5	12	2 x 20 min halves 5 min half time, 15 min changeover
Bennett Park	Boys & Girls	Touch Football	6	15	2 x 20 min halves 5 min half time, 15 min changeover
Ossie Indoor	Boys & Girls	Beach Volleyball	6	12	3 x 15 min rotations (5 min break between)
Seacrest Oval	Girls	AFLW	15	25	2 x 20 min halves 5 min half time, 15 min changeover
Newman College	Boys & Girls	Ultimate Frisbee	5	10	2 x 20 min halves 5 min half time, 15 min changeover

Term 2 Senior One Day Carnival: Wednesday 29 June 2022 (Week 10)

Venue	Gender	Sport	Players on Court / Field	Max Team Squad Size	Game Length
Butlers Reserve	Boys & Girls	Soccer	11	18	2 x 20 min halves 5 min half time, 15 min changeover
Warwick Stadium	Girls A & Girls B	Netball	7	12	2 x 20 min halves 5 min half time, 15 min changeover
Loftus Rec Centre	Boys & Girls	Badminton	3 courts of 2 (6 Players)	10	3 x 15 min games 5 min break between
Seacrest Oval	Boys	AFL	18	25	2 x 20 min halves 5 min half time, 15 min changeover
Lords Rec Centre	Boys & Girls	Volleyball	6	12	3 x 15 min rotations (5 min break between)

[Appendix 18](#)**SCORE SHEETS**

To download NAS score sheets please refer to the link provided.

<http://www.accsport.asn.au/interschool-sport/nas/scoresheets>

[Appendix 19](#)

TO "Northern Associated Schools"

SAFETY AND FIRST AID

Safety, Phone and First Aid Locations

St. John Ambulance Phone: 000 Emergency. Administration Phone: 9373 3834

*** Schools to have ice & first aid kits available at all venues ***

Chisholm - 92082678

Sports Coordinator: 0434 107 517 (Ralph Heyes) r.heyas@chisholmcc.wa.edu.au

1. Basic First Aid kit with each Chisholm coach/manager at all games. Ice with ALL coaches at home games.
2. Comprehensive First Aid kit in the Recreation Centre office. Office is inside the Recreation Centre.
3. Stretcher in office.
4. Phone is located in Recreation Centre office. Press 0 for outside line and then number. Each Chisholm bus driver will have a mobile phone with them for away games. If playing at Hillcrest Oval the coach/manager will have a mobile phone or two-way radio. Recreation Centre will close at 5.45pm.

Sacred Heart College - 9246-8200

Sports Coordinator: 0401 154 693 (Renee Tedesco) renee.tedesco@cewa.edu.au

1. Basic First Aid kits with each team.
2. Esky with ice packs located on the outside basketball court.
3. Ice packs in P.E. office inside gym.
4. Administration office open until 5.00 pm.
5. Stretcher in gym.
6. Phone is located in the P.E. office inside the gym. Dial 0 for outside line and then number. Public telephone available at Sorrento Tennis club.

John XXIII College - 9383-0490

Sports Coordinator: 0410 276 031 (Sara Kononen) sara.kononen@cewa.edu.au

1. Sport Medicine trainer onsite either near gym or in central location on ovals.
2. Ice packs and First Aid kit are located near the gym and pool area in the Sport storeroom.
3. Payphone is located near the main entrance to the gym.
4. Phone in P.E. office, which is upstairs in the gym.
5. Sports Co-ordinator has a mobile phone.
6. Phone available at Administration which closes at 5.00 pm.

Servite - PH: 9444-6333

Sports Coordinator: 0409 456 984 (David Maxwell) Dave.Maxwell@cewa.edu.au

1. Basic first aid kits with each team.
2. Ice packs in fridge in PE office inside the Gym.
3. Comprehensive first aid kit located in PE office or in Administration building which closes at 5.00pm
4. Stretcher located in PE office (behind door).
5. Phone is available in PE office inside the Gym and in Administration building. Dial 0 for outside line.
6. Sports coordinator has mobile phone 0438542011

Newman - PH: 9204 9444

Sports Coordinator: 0411 959 437 (Matthew Connell) matthew.connell@cewa.edu.au

1. Basic First Aid kits and instant ice with each coach.
2. Comprehensive First Aid kit and Ice located inside PE office near gymnasium, oval level.
3. Stretcher in Administration and Sports Complex Kitchen.
4. Phone in PE office near gymnasium. Dial '0' for outside line.

Appendix 20

Overview of Byes – past three years

NAS OVERVIEW OF BYES - PAST THREE YEARS

2020	SUMMER		WINTER		TOTAL
SHC	1		1		2
NEW	1		1		2
SER	1		1		2
CHI	1		1		2
JTC	1		1		2

2021	SUMMER		WINTER		TOTAL
SHC	1		1		2
NEW	1		1		2
SER	1		1		2
CHI	1		1		2
JTC	1		1		2

2022	SUMMER		WINTER		TOTAL
SHC	1		1		2
NEW	1		1		2
SER	1		1		2
CHI	1		1		2
JTC	1		1		2

Appendix 21

TO "Northern Associated Schools"
WORKING WITH CHILDREN LEGISLATION

Working With Children – Legislation

From 1 January 2006 the State Government introduced legislation requiring certain people working with children in WA to undergo a "Working with Children Check" (WWC). The WWC is compulsory under government legislation and ACC schools have to comply with this legislation. In 2008 the legislation will affect people working with children aged between 13-17 years. Persons deemed to be working with children are any volunteers, employees or contractors (over 18 years of age) who in their usual duties are likely to have contact with children. Contact includes any form of physical contact, oral communication and electronic communication.

People may also be exempt from the legislation if they are a:

- volunteer under 18 years of age
- volunteer who is a parent of a child at an ACC school
- volunteer (over 18 years of age) that has worked with children on no more than five calendar days in a year.

For the purposes of these guidelines, persons deemed to be volunteers are those that are engaged in child-related work for, but are not employed by, the school. The term volunteer is not defined in the legislation. Volunteers that are being "reimbursed" for out of pocket expenses such as travel/uniform are still regarded as volunteers and not employees. However, volunteers that receive payments as a "reward" and not a "reimbursement" may be considered as employees and not volunteers. Schools will have to make their own "common sense" decision when determining the status of persons as volunteers or employees. In cases where a volunteer has received a very minimal payment then the school may consider them as a volunteer. In most cases an employee is someone that has received a wage/payment and has signed a contract of employment.

Schools involved in sub-association sport are required to comply with the legislation. Schools must ensure that all coaches, officials and bus drivers that will have contact with children at sporting events (whether they are paid or volunteers) have undergone a working with children check and hold a valid WWC card number (excluding those covered under exemptions above). To comply with the legislation you will have to keep records to ensure that people working at your sporting events have their WWC ID in order.

WWC records can be recorded in a simple format using the following example:

POSITION	NAME	VOLUNTEER/PAID	EXEMPT? – WHY	WWC CARD NUMBER
Sports Trainer	John Brown	Paid	No	123456
Basketball ref	Sue Brown	Volunteer	Yes – parent of David Brown	Not required
Bus Driver	Rob Jones	Paid	No	123455

For more information:

ACC Guidelines: <http://www.accsport.asn.au/acc-information/policies>

WWC website at: www.checkwwc.wa.gov.au

Appendix 22

TO "Northern Associated Schools"
 CODES OF BEHAVIOUR

Codes of Behaviour

The Codes of Behaviour have been developed to assist everyone involved in ACC sport to promote fair play and appropriate behaviour. The codes outline appropriate behaviour for players, coaches, teachers, officials, administrators and spectators.

(ACC Codes of Behaviour have been adopted from the "Aussie Sport – Codes of Behaviour", produced by the Australian Sports Commission.)

Players Code of Behaviour

- Respect the rights, dignity and worth of all participants regardless of their gender, age, ability, cultural background or religion.
- Play by the rules
- Never argue with an official. If you disagree, have your captain, coach or manager approach the official during a break or after the competition.
- Control your temper. Verbal abuse of officials and sledging other players, deliberately distracting or provoking an opponent are not acceptable or permitted behaviours in any sport.
- Work equally hard for yourself and/or your team. Your team's performance will benefit, so will you.
- Be a good sport. Applaud all good plays whether your team or the opposition makes them.
- Treat all participants in your sport, as you like to be treated. Do not bully or take unfair advantage of another competitor.
- Cooperate with your coach, teammates and opponents. Without them there would be no competition.
- Participate for your own enjoyment and benefit, not just to please parents and coaches.

Coaches Code of Behaviour

- Respect the rights, dignity and worth of every young person regardless of their gender, age, ability, cultural background or religion.
- Remember that young people participate for pleasure and winning is only part of the fun.
- Never ridicule or yell at a young player for making a mistake or not winning.
- Be reasonable in your demands on players' time, energy and enthusiasm.
- Operate within the rules and spirit of your sport and teach your players to do the same.
- Ensure that the time players spend with you is a positive experience. All young people are deserving of equal attention and opportunities.
- Avoid overplaying the talented players; the just average need and deserve equal time.
- Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of all players.
- Display control, respect and professionalism to all involved with the sport. This includes opponents, coaches, officials, administrators, the media, parents and spectators. Encourage your players to do the same.
- Show concern and caution toward sick and injured players. Follow the advice of a physician when determining whether an injured player is ready to recommence training or competition.
- Obtain appropriate qualifications and keep up to date with the latest coaching practices and the principles of growth and development of young people.
- Any physical contact with a young person should be appropriate to the situation and necessary for the player's skill development.

Teachers Code of Behaviour

- Respect the rights, dignity and worth of every young person regardless of their gender, age, ability, cultural background or religion.
- Encourage young people to develop basic skills in a variety of sports and discourage over specialisation in one event, sport or playing position.
- Create opportunities to teach appropriate sports behaviour as well as basic skills.
- Give priority to free play activities, skill learning and modified sports over highly structured competition for primary school children.
- Prepare young people for intra and inter school competition by teaching them basic sport skills.
- Make young people aware of the positive benefits of participation in sporting activities.
- Keep up to date with coaching practices and the principles of physical growth and development. Read and use the latest coaching and teaching resources for junior sport.
- Help young people understand the differences between the junior competition they participate in and professional sport.
- Help young people understand that playing by the rules is their responsibility.
- Give all young people equal opportunities to participate in administration, coaching and refereeing as well as playing.

Administrators Code of Behaviour

- Respect the rights, dignity and worth of every young person regardless of their gender, age, ability, cultural background or religion.
- Involve young people in planning, leadership, evaluation and decision making related to the activity.
- Give all young people equal opportunities to participate.
- Create pathways for young people to participate in sport not just as a player but as a coach, referee, administrator etc.
- Ensure that rules, equipment, length of games and training schedules are modified to suit the age, ability and maturity level of young players.
- Provide quality supervision and instruction for junior players.
- Remember that young people participate for their enjoyment and benefit. Do not overemphasise awards.
- Help coaches and officials highlight appropriate behaviour and skill development, and help improve the standards of coaching and officiating.
- Ensure that everyone involved in junior sport emphasises fair play, and not winning at all costs.
- Give a code of behaviour sheet to spectators, officials, parents, coaches, players and the media, and encourage them to follow it.
- Remember, you set an example. Your behaviour and comments should be positive and supportive.
- Make it clear that abusing young people in any way is unacceptable and will result in disciplinary action.

Officials Code of Behaviour

- Give all young people a 'fair go' regardless of their gender, age, ability, cultural background or religion.
- Modify rules and regulations to match the skill levels and needs of young people.
- Compliment and encourage all participants.
- Be consistent, objective and courteous when making decisions.
- Condemn unsporting behaviour and promote respect for all opponents.
- Emphasise the spirit of the game rather than the errors.
- Encourage and promote rule changes, which will make participation more enjoyable.
- Be a good sport yourself. Actions speak louder than words.
- Keep up to date with the latest trends in officiating and the principles of growth and development of young people.
- Remember, you set an example. Your behaviour and comments should be positive and supportive.
- Place the safety and welfare of the participants above all else.

Spectators Code of Behaviour

- Respect the rights, dignity and worth of every young person regardless of their gender, age, ability, cultural background or religion.
- Remember that young people participate in sport for their enjoyment and benefit, not yours.
- Applaud good performance and efforts from all individuals and teams. Congratulate all participants on their performance regardless of the game's outcome.
- Respect the decisions of officials and teach young people to do the same.
- Never ridicule or scold a young player for making a mistake. Positive comments are motivational.
- Condemn the use of violence in any form, whether it is by spectators, coaches, officials or players.
- Show respect for your team's opponents. Without them there would be no game.
- Encourage players to follow the rules and the officials' decisions.
- Do not use foul language, sledge or harass players, coaches or officials.