



**Year 8 and 9 Boys Rugby
Lightning Carnival
Tuesday 18th October 2022
UWA Sports Park**





ACC 2022 Lightning Carnival: Year 8/9 Boys Rugby



Protection from the elements:

Slip-Slop-Slap

Wet Weather:

Gear to be worn only between games. Bring spare set of dry clothes.

Inclement Weather:

Phone Renee Tedesco 0401 154 693 at 8:00 am for confirmation.

Equipment:

Return all markers to the central administration area.

Ice Cream Vendor: Use during lunch period or BYE round.

Clean Up:

Clean up continuously as the day progresses.

Major clean up at 14:00-14:30

Sports Controller and Facility Supervision

Rugby WA— Dane Lazarus: 0429 165 487

SCHOOL	CODE
Aranmore Catholic College	ARA
Lake Joondalup	LJB
CBC Fremantle	CBC

RUGBY PROGRAM

10.30-12:00

Field

Coaching Clinics Run by Rugby WA

UWA Rugby Field 1

(Crimson)

LUNCH INTERVAL 12.00-12.30

ROUND 1- 12.30

Field

ARA 1 v CBC 1

Crimson 1

LJB 1 v ARA 2

Crimson 2

LJB 2v CBC 2

Crimson 3

ROUND 2- 12.45

Field

LJB 1 v ARA 1

Crimson 1

CBC 1 v LJB 2

Crimson 2

ARA 2 v CBC 2

Crimson 3

ROUND 3 - 13.00

Field

LJB 1 v CBC 1

Crimson 1

ARA 2 v LJB 2

Crimson 2

CBC 2 v ARA 1

Crimson 3

ROUND 4—13.15

Field

ARA 1 v LJB 2

Crimson 1

CBC 2 v LJB 1

Crimson 2

ARA 2 v CBC 1

Crimson 3

Round 5—13.30

Field

RWA MIXED TEAMS MATCH

Crimson 1

RWA MIXED TEAMS MATCH

Crimson 2

RWA MIXED TEAMS MATCH

Crimson 3

Year 8/9 Rugby UWA Sport Park 2022



Conditions of play 2022

Normal code rules Except:

- Modified half size rugby fields approx. 70m x 50m.
- 7 players from each team on the field at one time.
- Uncontested scrums (no push and automatic win of the ball).
- No lifting in the lineout (only 2 jumpers per team)
- Reduced field size.
- Tackling - No special rules, but unduly rough play or dangerous tackles will not be tolerated. Games will be controlled by WARU staff and tackling will be closely monitored. Due to the open space of the 7's game, it usually becomes a low impact 1 on 1 tackle and rarely a ruck or maul is formed.
- The ball is usually passed or rolled away in the tackle.
- Drop kick restarts by the team that scored.
- Kicking allowed and normal laws apply. No Try conversion kicks.
- Off-side – Behind last man's feet of the ruck, maul, or tackle.

COVID-19 SAFETY PROCEDURES

COVID-19 SAFE

All players, staff/coaches, officials and other personnel are asked to follow the COVID-19 safety rules to keep everyone safe.

EQUIPMENT

- No sharing of personal items such as water bottles, towels, protective equipment, whistles and clothing is allowed.
- Shared equipment (i.e. match balls) to be cleaned by the school after each match. Schools to provide own cleaning station.

PHYSICAL DISTANCING

- Schools should maintain a strict limit of a minimum of two square metres (2sqm) per person where practicable.
- Schools to carefully manage shared communal spaces to ensure physical distancing, i.e. change rooms, team huddles.
- Schools to manage entry/exit at the venue/transport to ensure physical distancing.

GOOD HYGIENE

- Schools to provide hand sanitization stations for players. Hands to be cleaned on arrival, after games and before departure.
- ACC to provide hand sanitization station for officials and other personnel.
- Schools to promote importance of personal hygiene to players; hand cleaning, no physical greeting contact (i.e. hand shakes, high 5's, hugs, physical goal celebrations, team huddles), no spitting, cough and sneeze covering.
- Venue to maintain frequent cleaning regimes of facilities and change rooms after use.

IF YOU ARE FEELING UNWELL

- Players should report any flu or cold symptoms to their teacher if they are feeling unwell.
- Officials and other personnel should report any flu or cold symptoms to the ACC controller if they are feeling unwell.
- People feeling unwell and showing flu/cold like symptoms will be isolated from other people and arrangements made for them to leave the venue ASAP. School staff and ACC to action their COVID-19 emergency response plan.



COVID
SAFE